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Reducing Weapons

Army has destroyed 50 percent of the United States' chemical-agent stockpile.

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Guardsmen Cuff MPs

SCARNG kicks off basketball season with 47-37 win over the MPs.

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The Fort Jackson Leader

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Gate 2 building ahead of schedule

Mike A. Glasch
Leader Staff

Construction of the new guard building at Gate 2 is ahead of schedule.

According to Don Richardson, Directorate of Public Works, the building was scheduled to be finished April 7, but he now says he expects it be completed sometime in February.

Construction of the 1,200 square-foot facility began Oct. 10. The final cost of the project is \$305,620.

"That (the cost) includes all the communication requirements to connect DOIM (Directorate of Information Management) to the building," Richardson said. "When this building is turned over [to the Directorate of Emergency Services] you should be able to plug in phones and computers and go to work."

Initially, the building will house the Contract Security Guard leadership which is currently using a temporary trailer at Gate 2.

"The move into the new building will help the employees by providing them with better working conditions and allow them to have access to updated automation equipment," said Sgt. Maj. Patrick O'Connor, DES sergeant major.

After completion of the building, the next phase of the project will be to upgrade the parking lot so that it will be able to accommodate the increase of patrons caused by moving the vehicle registration into the building while improving the flow of traffic.

The date on when that change will take place has not been finalized. DES will announce when the move will be effective at a later date, along with any changes that may

See **Construction** Page 4

Keeping skills current



Photo by Chris Rasmussen

Staff Sgt. Zantisha McGill, Company D, 187th Ordnance Battalion, assembles a squad automatic weapon Friday during the 171st Infantry Brigade's Warrior Tasks and Battle Drills certification for permanent party Soldiers. See page 16 for more.

'A dream' revisited during luncheon in honor of King

Mike A. Glasch
Leader Staff

A few tickets remain for Wednesday's Martin Luther King Jr. luncheon celebration.

The luncheon will take place at the NCO Club, 11:30 a.m. to 1 p.m., and the guest speaker will be Dr. David H. Swinton, president of Benedict College.

"He's a positive and influential leader in the community. He's done a lot of great things for the community, a lot of firsts, and that's what Dr. King did," said Sgt. 1st Class Timothy Gladders, equal opportunity noncommissioned officer, 193rd Infantry Brigade.

Swinton's scholarly works have been published in such professional journals as *Black Enterprise*, *American Economics Review* and *The Review of Black Political Economy*.

His analysis of the economic status of African Americans was published in the Na-

tional Urban League's *The State of Black America*.

In 1999, he helped organize a group of 50 investors to keep the only minority-owned bank in South Carolina from closing its doors. Swinton has served as Economic Advisor to the National Urban League since 1980, and has been a member of Black Enterprise Board of Economists since 1990.

Swinton is expected to speak on the core values of the holiday — Remember, Celebrate and Act.

"I think the remembering part we have down pretty well now, celebrating we have down pretty well, but the acting part sometimes we fall off the bandwagon," Gladders said. "I believe we have come a long way, but there are still some things we need to improve on as far as racism, segregation and sexism."

"Things aren't overt like they were in the 50s

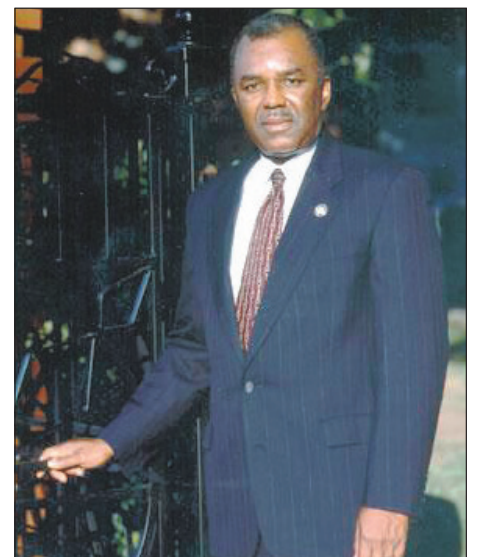
and 60s, now they are kind of covert. They still happen, but it is harder to recognize them sometimes."

In addition to the guest speaker, three students from C.C. Pinckney Elementary School will be recognized for their essays on the meaning of Dr. Martin Luther King Day, and a 26-minute video will be shown during lunch. It will have King giving his "I have a dream" speech in front of the Washington Monument, a clip from his speech in Selma, Ala., and then Sen. Robert Kennedy's eulogy upon learning of King's murder.

"Coretta Scott King said it best when she said, 'This is not a black holiday; it is a people's holiday.' We need to make sure everybody understands that."

For tickets, call Gladders at 751-4117 or contact a unit equal opportunity representative.

Michael.Glasch@jackson.army.mil



Dr. David H. Swinton

OPINION — EDITORIAL

Ask the Garrison Commander

MWR outdoor fun; single parent gets recruiter duty

Q When I was stationed in Germany, I could sign up with MWR to go on all kinds of outdoor adventure trips like hiking, whitewater rafting and horseback riding. Does the Fort Jackson MWR have a department or place I can go to sign up for these kinds of trips and can I bring my family or friends with me?



Col. Dixon

A The Fort Jackson MWR strives to offer a wide variety of outdoor activities for our military community. Marion Street Station is the Outdoor Recreation Headquarters on post.

It offers a wide variety of programs for everyone from children to seniors, in many different activities. Some of the activities held in 2007 were whitewater rafting, hiking

and deep sea fishing.

Fort Jackson Outdoor Recreation also offers clinics on many outdoor activities, from rock climbing to learning how to roll a kayak. Look for many exciting trips in 2008. A listing can be found in the Outdoor Calendar at Marion Street Station and on the MWR marquee in front of the Strom Thurmond Building.

Any authorized MWR user may sign up for trips and is allowed to sponsor friends and family members. For more information call 751-3484.

Q I'm a single parent and I've been placed on assignment for recruiter duty. Do I have to take this assignment?

A No, you do not have to accept the assignment. AR 601-1, chapter 2-4, paragraph a (24), states that a

Soldier selected for recruiting duty must not be a sole parent or guardian. You may request a deletion from this assignment through your chain of command based on being a sole parent. Human Resources Command will be the final approval authority for the request.

Garrison Fact of the Week

The Georgia Aquarium is noted as the World's Largest Aquarium with 8 million gallons of fresh and marine water, and more than 100,000 animals representing 500 species from around the globe. The Georgia Aquarium sits on 9.5 acres of land adjacent to Centennial Olympic Park in downtown Atlanta.

To submit questions to "Ask the Garrison Commander," call 751-2842, or e-mail nahrwolds@jackson.army.mil.

Importance of voting: More than a right, it's a duty

Mike A. Glasch
Leader Staff

Franklin Delano Roosevelt once said, "Nobody will ever deprive the American people of the right to vote except the American people themselves and the only way they could do this is by not voting."

Why is that important? Because, for the next 10 days, the political eyes of the nation, even the world, will be focused on us here in South Carolina.

For those of you who haven't been paying attention, or have been in a coma, this is a presidential election year. Saturday is the Republican presidential primary, while the Democratic primary is Jan. 26.

Unfortunately, if history is any indicator, the majority of people registered to vote in South Carolina will fail to do so.

According to the South Carolina Election Commission, on average, less than one out of every five registered voters take part in the primaries. In 2004, there were 293,843 votes cast in the Democratic presidential primary. That represented about 14 percent of all registered voters statewide. There was no Republican primary in 2004.

Going back to 2000, the last time there was a Democratic and Republican presidential primary, 9.29 percent of registered voters cast a ballot on the Democratic side, while 9.43 percent cast their lot to the Republican side.

I'm not a math savant, but that adds up to less than 20 percent. Those numbers are embarrassing.

Many of us in the Army family have put our lives on the line — or have had a

family member do so — for citizens of countries who don't receive the same rights Americans have from birth. Not to exercise our right to vote is a slap in the face to those who have ever worn the uniform.

I often hear people say they don't vote because they think their vote will not matter.

These are the same people who then seem to complain the most vehemently about whoever does get into office. If you don't vote, then you can be assured your opinion will definitely not matter and you lose the right to express your opinion after the election, at least the right to complain to me.



Mike A. Glasch

With no clear front runner on either side, the race is wide open for both parties. There are five candidates in the Democratic field and seven candidates seeking the Republican nomination.

The reason for this is that this is the first presidential contest since 1928 when neither the president nor vice president even toyed with the idea of making a bid for one of the party's nomination.

With no clear-cut favorite, and with less than 2 percent of voters nationwide having cast their votes so far, voters in South Carolina have a chance to make a huge impact on both sides of the aisle. But that will only happen if you get out and vote for the candidate of your choice.

Michael.Glasch@jackson.army.mil

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Staff

Commanding General Brig. Gen. James H. Schwitters
Public Affairs Officer Karen Soule
Command Information Officer Joseph Monchecourt
Editor Carrie David Ford
Staff writer Mike A. Glasch
Contract writer Chris Rasmussen
Contract writer Heath Hamacher
Web site www.fortjacksonleader.com

Oops! We goofed ...

In the "Order of Saint Maurice recipients" photo on page 8 of the Dec. 20 Leader, Sgt. 1st Class Kenneth Keith should have been listed as Sgt. 1st Class Darrell Keith.

NEWS

10-week change seamless

Allows BCT Soldiers more time for PT, basic rifle marksmanship

Chris Rasmussen
Leader Staff

The first Fort Jackson battalion to make the switch from nine to 10 weeks of Basic Combat Training is reporting a seamless changeover.

All Army BCT installations officially made the shift to 10 weeks Nov. 2. At Fort Jackson, three companies in 3rd Battalion, 34th Infantry Regiment were the first to make the change.

"The transition to the 10-week BCT has gone smoothly with no major issues," said Lt. Col. Reginald Cotton, commander, 3rd Bn., 34th Inf. Reg. "So far we have seen no real issues."

The U.S. Army Training and Doctrine Command, which oversees BCT, will revert back to the nine-week program for all cycles March 21 to accommodate the anticipated 2008 summer surge. After that, Fort Jackson will conduct 10-week training across the board.

"We have a little more time to spend with them on rifle marksmanship and physical training," said 1st Sgt. Lawrence Coleman, former acting command sergeant major, 3rd Bn., 34th Inf. Reg. "In the past we have had some issues at the end of the cycle with PT and rifle marksmanship and this will allow us to spend more time on those issues."

The increase is the first change in length since 1998, when BCT increased from eight weeks to nine. Despite the additional time, the number of Warrior tasks and battle drills will remain unchanged.

"No new tasks were added for the additional week, which I feel was the right call to make," Cotton said. "It allows for extra time on the range, additional PT and advanced first-aid training."

"The main advantage is that it allows drill sergeants an extra week to concentrate on those tasks that they feel the Soldiers may need some reinforcement training," he said.

Col. Kevin Shwedo, Fort Jackson's deputy commanding officer, said the installation can support the extra week of training added to the calendar.

"It may come at the expense of some of our leadership having to go with back-to-back rotations, or more, because we understand that we are getting ready to put America's sons and daughters in harm's way. We would rather sacrifice some personal time to give them that experience."

Chris.Rasmussen@jackson.army.mil

Soldiers volunteer for Grinding of the Greens



Photo by Carrie David Ford

Sgt. Bill Menzies, left, and Lt. Col. Teresa Campbell, 120th Adjutant General Battalion (Reception) commander, load a truck with Christmas tree mulch Saturday at the Clemson Sandhill Research and Education Center as part of the Keep the Midlands Beautiful Grinding of the Greens campaign. About 20 other Soldiers from the battalion's Headquarters and Headquarters Company also participated as part of an effort to help out in the community.

Army destroys half of chemical stockpile



Photo by U.S. Army

A chemical-weapons-disposal worker gives the thumbs-up sign as he is heat-sealed into his demilitarization-protective ensemble. Use of these suits is routine for maintenance entries into agent-contaminated areas of chemical-demilitarization plants. Despite supplied air, cooling packs and other devices, time in the suits is limited to about two hours.

U.S. Army Chemical Materials Agency

ABERDEEN PROVING GROUND, Md. — As of Dec. 10, the Army has safely destroyed 50 percent of the United States' chemical-agent stockpile since beginning to comply with the Chemical Weapons Convention April 29, 1997.

Officially the "Convention on the Prohibition of the Development, Production, Stockpiling, and Use of Chemical Weapons and on their Destruction," the CWC is a treaty among more than 170 nations to ban the development and use of chemical weapons and to destroy existing stockpiles and production facilities in countries that have ratified it.

"Entry into force" is the term used to describe when the signatory nations began complying with CWC provisions. At that point almost 11 years ago, the U.S. stockpile contained approximately 30,000 tons of chemical nerve and blister agents.

The nation's first chemical demilitarization facility, located 800 miles southwest of Hawaii on Johnston Atoll, completed its mission in 2000. The Aberdeen Chemical Agent Disposal Facility in Aberdeen, Md., destroyed another 5 percent of the stockpile in 2006. Both facilities have since closed.

"Reaching the 50 percent agent destruction mark shows that the Army's chemical weapons demilitarization program has truly hit its stride in destroying chemical agent safely and efficiently," said Dale Ormond, acting director of the U.S. Army Chemical Materials Agency.

The five remaining CMA chemical destruction facilities are currently operating and are scheduled to destroy more than 78 percent of the U.S. stockpile by 2017. That, added to the chemical agent destroyed at Johnston Atoll and Aberdeen, will bring the total amount of agent destroyed by CMA to 90 percent.

The final 10 percent of the U.S. stockpile will be destroyed by disposal facilities presently under construction in Pueblo, Colo., and near Richmond, Ky., under a separate Department of Defense program.

"The United States has established technological leadership by implementing both incineration and neutralization agent destruction systems, providing the rest of the CWC member nations with a model of safe disposal — safe for the workers, the public and the environment," said Col. Robert Billington, CMA's project manager for chemical stockpile elimination. "As we share our technologies and lessons learned with other nations, we look forward to a world without chemical weapons."

Around Post

EFMP Support Group Potluck

The EFMP Support Group will meet for a potluck dinner 6 p.m., Tuesday at the Youth Center. For more information, call 751-5256/6325.

Tax Center Grand Opening

The Fort Jackson Tax Center will hold its grand opening ribbon cutting ceremony 3 p.m., Friday at Building 2441 next to the Directorate of Public Works on Supply Road and Marion Street. For more information, call 751-6151.

Dr. Martin Luther King Jr. Luncheon

A luncheon celebrating Dr. Martin Luther King Jr. will be held from 11:30 a.m. to 1 p.m., Jan. 23 at the NCO Club. Tickets cost \$9 and must be purchased in advance. For more information, call 751-4117.

Family Readiness Group Forum

A forum for all registered FRG leaders will be held from 10 a.m. to noon, Jan. 31 at Building 2179, Sumter Avenue, Room A-12. Registration is required by Jan. 17. For more information and to register, call 751-7489 or e-mail Patricia.Guillory@jackson.army.mil.

Vehicle Registration

Vehicles may be registered from 7:30 a.m. to 4:30 p.m., Monday through Friday at the Military Police Station, Administrative Section, as the Vehicle Registration office often has a high volume of registrants.

Fort Jackson Museum Closed

The Fort Jackson Museum is closed for renovation and repairs. An announcement will be made when the museum reopens.



Photo by Staff Sgt. Margaret C. Nelson, 115th Mobile Public Affairs Detachment

An Iraqi Police Color Guard prepares to lead the graduating class of the Kirkuk Police Academy during their pass-in-review in front of senior academy, city, provincial, and coalition forces' leadership during ceremonies held Jan. 9 in northeastern Iraq.

Kirkuk Academy graduates 1,325 police

Staff Sgt. Margaret C. Nelson
Army News Service

KIRKUK, Iraq — A total of 1,325 Iraqi Police recruits graduated Jan. 9 during a ceremony at the Kirkuk Police Academy in northeastern Iraq.

In concert with Iraq's Emergency Services Recognition Day celebration, the IPs conducted a pass-in-review in front of their senior leadership representing Iraq's Police Force, Army, Emergency Services, and other departments within the Ministry of Interior and Ministry of Defense. Kirkuk's city and provincial government officials were also in attendance.

The Iraqi Anthem kicked off the event followed by a moment of silence to recognize the "men and women who have sacrificed their lives in an effort to establish and maintain security here," according to an IP official at the ceremony.

"You are graduating from one of the best training centers in the country," Gen. Jamal Thaker Baker, Kirkuk provincial director of police said. "You are heroes. You will now join your brothers in the Iraqi Police to keep the security and stability of our province."

Senior military leadership from the 1st Brigade, 10th Mountain Division were also on hand to show their support.

"You have chosen a noble profession...you are heroes to the people of the Kirkuk province and to your country," Col. David Paschal, commander, 1st Brigade, 10th Mountain Division said.

This was the ninth class to graduate from what the locals refer

to as the Al-Tahadi (Challenge) training course, or better known as the Kirkuk Police Academy. The course can run between nine to 15 weeks to meet the 400 hours of training required by the Ministry of Interior.

The training includes basic law enforcement skills mixed with military tactics such as search and cordon operations to human rights classroom lectures to operating a check-point, and procedures for handling improvised explosive devices.

The IP graduation coincided with the 86th anniversary of Emergency Services in Iraq. To recognize the anniversary, a ceremony followed the IP graduation, and included a procession of vehicles used by the city and provincial police, traffic police, Emergency Services Unit, Emergency Response Unit and the fire departments. They were positioned as they would be in a funeral procession and traversed the parade grounds to honor martyrs of the IP and Emergency Services. According to IP provincial police statics, more than 800 Kirkuk IP graduates died in 2007.

Ninja-attired IPs followed the procession, entertaining the hundreds in attendance with a martial arts demonstration. The demonstration concluded with the release of confetti, pigeons and the unfurling of the Iraqi flag, symbolizing hope and security in the rebuilding of a new and more secure Iraq, according to Kirkuk Academy staff.

Editor's Note: Staff Sgt. Margaret C. Nelson serves with the 115th MPAD.

Construction *(continued from Page 1)*

have to be made at the access control point.

"It will get the vehicle registration center out of its current location inside the Strom Thurmond building," O'Connor said. "This move, which will be phased in, will allow authorized persons to get their vehicle registered immediately upon arrival on the installation versus having to sign in with a temporary pass and go to the Strom Thurmond building to get their permanent pass."

DES Director Lt. Col Greg Vibber was quick to praise DPW's efforts to get the building ready ahead of schedule.

"The time and effort they have put into this project from the outset has been terrific," Vibber said. "It's just another example of how the Fort Jackson family continues to work together to improve the quality of life for the entire community."

Michael.Glasch@jackson.army.mil

Customer Service Corner

Volunteer delegates sought for AFAP Conference

Christina Garza

Community FIRST Coordinator

Fort Jackson will hold its annual Army Family Action Plan Conference (AFAP) on March 25, as part of the Fort Jackson customer service management process. The process consists of a comprehensive, three-tiered feedback system based on input from individuals, constituent groups and mission commanders. Constituent feedback is done on a quarterly basis and called Community FIRST.

The AFAP Conference attendees will include the garrison commander, the deputy garrison commander, the garrison Command Sergeant Major, constituent group representatives, unit representatives from all organizations on Fort Jackson and the directors/managers of the organizations

which support the Fort Jackson community.

The attendees will be divided into two groups. The groups will review and discuss issues which have been submitted during this quarter and those which were previously deemed unattainable or are currently active.

They will then have the chance to develop, discuss, and prioritize the issues or develop any new issues pertaining to their constituent group. The constituent groups are: Soldiers (active duty, National Guard, and Reserves), family members, civilian employees, retirees and veterans.

Each group will brief the commanding general and the conference attendees on their issues. The commanding general will determine which issues cannot be resolved locally and will be forwarded to a higher

level. The results from the AFAP Conference will be published in the *Fort Jackson Leader* and on the Fort Jackson Customer Management Services Web site.

This is an opportunity for members of the Fort Jackson community to voice their concerns directly to the installation command staff. A total of 30 to 40 delegates are expected to participate in the AFAP Conference in two groups of 15 to 20.

Community members who would like to participate, either as a delegate or in some other capacity, should contact the AFAP Coordinator at DSN 734-3425/5547, no later than Feb. 29.

Issues for the AFAP Conference can be submitted through the Customer Management Services Web site or Community FIRST/AFAP ICE link, whether it affects

Fort Jackson or the entire Army, feedback is important.

Help the community by submitting issues and recommendations online at <http://www.jackson.army.mil/WellBeing/welbeing.htm>. Click on "Submit an Issue or Recommendation" or click on the AFAP Logo.

ICE Appreciation

The garrison would like to congratulate the Directorate of Human Resources (DHR), specifically the Army Career Alumni Program (ACAP) and the Army Substance Abuse Program (ASAP). They have achieved a 4.86 and a 4.83 rating, respectively in employee/staff attitude out of a possible 5.0, for a 12-week period. Keep up the good work.

Own the Edge

Be Wise. Stay Alive. Wear Your PPE!

Helmets
Certified by the manufacturer to meet or exceed DOT standards. Must be properly fastened under the chin.

Eye protection
Face shield or impact/shatter-resistant goggles. A full face helmet with proper shield provides the best protection.

Clothing
Long-sleeved shirt or jacket, long trousers, and full-fingered gloves or mittens designed for use on a motorcycle.

Sturdy foot wear
Leather boots or over-the-ankle shoes must be worn.

Personal Protective Equipment
A brightly colored upper outer garment during the day and retroreflective at night is required. *Note:* Black is the most common color for motorcycle clothing. Countermeasures should be applied to make riders more visible as pictured above. If the belt is worn, it should be worn diagonally across the shoulder to maximize visibility.

own the EDGE
Composite Risk Management

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<https://crc.army.mil>

Military clothing designers on cutting edge

Patty Welsh

Army News Service

NATICK, Mass. — When you think about clothing designers, you may think of a favorite brand or store, but not immediately about the U.S. Army Natick Soldier Research, Development and Engineering Center. Natick, though, has clothing designers who develop and improve military clothing and equipment.

“We work with our customer’s requirements to design what is needed,” said Heather Cumming-Rowell, team leader of the Design, Pattern and Prototype Team. “We may be tasked to design a uniform, or we may be asked to make a change to an existing item.”

The team has worked on various clothing items such as uniforms, dress clothing, chemical/biological protective ensembles, body armor items, and cooling garments.

“The expertise of our designers combined with the specialized equipment truly make our facility unique,” said Cumming-Rowell.

The team makes patterns and fabricates prototypes. Cumming-Rowell mentioned that the DPPT has customized machinery that enables them to do this type of work. In addition to all types of sewing machines and various presses, the automated cutter also aids the designers in their work.

“The cutter can create cut patterns either of fabric or of oak tag, which reduces design time significantly,” she said. “Previously, someone would have to cut the patterns and fabric all by hand.”

Another item that the team uses is a pattern scanner, which allows the designers to digitize their hard patterns, and can digitize multiple patterns simultaneously. It can also store the patterns and share them between requestor and designer for easy changes or later access. This can help expedite the fabrication of clothing or equipment prototypes.

The DPPT is also taking advantage of newer technology. The team worked with pattern design software and members of NSRDEC’s anthropometric team to create a 3-D avatar. While video-game avatars are often an alter ego



Photo by Sarah Underhill, Army News Service

Annette LaFleur, clothing designer for the Design, Pattern and Prototype Team at the U.S. Army Natick Soldier Research, Development and Engineering Center, evaluates uniform materials.

for the player, this avatar represents a realistic, virtual, central-sized Soldier.

“Although the measurements were slightly different between the software and the anthropometrists, we took all the basic measurements and incorporated them to create the avatar,” said clothing designer Christine Reffel. The avatar gives the DPPT the capability of viewing fit based on fabric, pattern and texture before a design gets too far along.

Annette LaFleur, another clothing designer, mentioned that the team also has the ability to create custom technical drawings.

“Even with a pattern, the design may still be confusing to those not familiar with the item,” she said, “and a drawing clarifies a lot.”

Drawings are done freehand with pen and ink and then scanned into the computer where a state-of-the-art computer apparel design illustrator system is used to add design details, color, and text.

Cumming-Rowell mentioned that recently the team had a design for an extraction harness and people didn’t understand how it attached to the inside of a coverall. LaFleur made a drawing that showed the harness on a three-dimensional body so that personnel could see how and where the strap should be routed and attached.

The team often works with experimental designs, such as an operational combat sleeve. The idea behind the sleeve is to have a modular version of deltoid body armor. The designers are looking at various designs and materials that could accomplish this.

An embroidery machine is an additional piece of equipment that sees a lot of use. Diane Kessinger creates name tapes, insignia, military emblems, logos and other custom embroidery designs which are digitized and stitched on the embroidery machine.

Reverse engineering is an additional team strength. If an item is manufactured outside NSRDEC, the designers here can make and/or modify the pattern before it goes out for contract.

“We also have the capability to research experimental fabrics,” said Cumming-Rowell. “If someone comes to us with an idea, we are able to find out if it is something that can be done.”

To see if the DPPT can assist you with your projects, please contact them via email at: nati-amsrd-nsc-ad-b@conus.army.mil.

Editor’s Note: Patty Welsh works in the U.S. Army Natick Soldier Research, Development and Engineering Center Public Affairs Office.

Construction begins on \$92 million trauma research facility

Elaine Wilson

American Forces Press Service

FORT SAM HOUSTON, Texas — Construction of a \$92 million center for all Defense Department combat casualty care and trauma research missions began with a groundbreaking ceremony here Jan. 11.

The 150,000-square-foot Joint Center of Excellence for Battlefield Health and Trauma Research marks the first construction project at Fort Sam Houston directed by 2005 base realignment and closure legislation.

“This is not just one new building; this represents a major commitment and acknowledgement of the importance and the impact that trauma research has on all patients,” said Maj. Gen. George Weightman, commander of U.S. Army Medical Research and Materiel Command.

Military leaders from the Army, Navy and Air Force joined community leaders at the ceremony. The new facility, slated for

completion in September 2009, signifies a “new era in military medical research,” Weightman said.

The research center will enable research and development experts, scattered throughout the nation, to centralize efforts, which will improve efficiency, reduce duplication and enhance the collusion between them, the general said.

By doing so, DoD will ensure “we continue to provide the best research in an environment that will enable (medical experts) to extend the boundaries of research,” Weightman said.

The center will be collocated with the Institute of Surgical Research, which falls under Weightman’s command, and next to Brooke Army Medical Center. The ISR also will benefit from BRAC with a 5,000-square-foot renovation.

In addition, the research center adds 230 people to the 440 already working at the institute, which totals “670 people dedicated

to improving the quality of life of our wounded warriors,” the general said.

“Locating this facility here (with the Institute of Surgical Research) at Fort Sam Houston is the absolute logical choice,” he said.

Weightman attributed the high survivability rate of today’s war in part to the institute, which steadily has produced life-saving products and technologies.

Innovations include new field dressings and tourniquets, hemoglobin-based oxygen carriers with a two- or three-year shelf life rather than 30 days, new methods for wound closure after a burn injury and five interrelated computerized devices that allow medics to provide quality care to wounded service members at the point of injury.

The focus of the Institute of Surgical Research and the future focus of the new joint center will be on the delivery of immediate care for warriors who suffer life-threatening injuries on the battlefield.

“This is not just pie-in-the-sky research. ... (The institute) has been saving lives and improving function every day since it has been open,” Weightman said. “It’s just incredible, the comprehensiveness and far-reaching aspects.”

The combined research efforts of the Institute of Surgical Research and the Joint Center of Excellence for Battlefield Health and Trauma Research will benefit not only military members, but civilians as well.

“While the causes of trauma are different, the responses are similar,” Weightman said. “And the interventions to save lives are remarkably similar. The fruits of this labor will help every civilian in this nation.”

The funding for the project is well-spent, Weightman said.

“I can’t think of a better investment of taxpayers’ dollars,” he said.

Editor’s Note: Elaine Wilson works at the Fort Sam Houston Public Information Office.

MWR

MWR elves make merry for holdover Soldiers

Theresa O'Hagan
Morale, Welfare and Recreation

Santa Claus doesn't always come dressed in a red and white suit sporting a full beard. Sometimes "she" comes dressed in jeans and high-heeled shoes. Fort Jackson's Santa Claus for Soldiers who stay here during Block Leave is Jessie Stevenson, coordinator, Commercial Sponsorship and Advertising Sales.

Her elves were MWR recreation programmers Mark Smyers and Chuck Stoudemire, who stuffed gift bags and coordinated activities.

This season, Stevenson, Smyers and

Stoudemire brought the holidays to nearly 75 Soldiers who stayed on from Dec. 18 through Jan. 3. While thousands of Soldiers traveled home on planes, trains and in automobiles, a few did not because of various reasons.

For the past several years, MWR has provided fun, care packages and meals throughout the holiday season with the generous support of sponsors.

"Every year, the sponsors really look forward to helping," Stevenson said. One local restaurant provided two meals this holiday season, and several pizzerias made sure the Soldiers got their share of

the Italian pies for the holidays. "They had pizza parties on Christmas Eve, Christmas Day, New Year's Eve and New Year's Day," Stevenson explained. "They love it. They can't get enough of it."

"On Christmas Eve, the Soldiers were gathered together for an evening of festivities, which included a social that offers food donated by local restaurants, games, music and door prizes. At the end of the evening each Soldier was given a goody bag which included a 60-minute prepaid phone card.

The look on their faces when receiving their bags was priceless," Stevenson said.

The bags were stuffed with gifts ranging from cookies, made by Kris Roth of the MG Robert B. Solomon Center, to toiletries, food items and candy.

The Army and Air Force Exchange Service provided the latest DVD movie releases for the Soldiers to enjoy in the day room, which was also equipped with an Xbox with various games and books donated by the post library.

Soldiers were also treated to University of South Carolina men's basketball games and the Fort Jackson Recycling Center donated money to buy tickets to Inferno Hockey games.

Today
Southern Style
Lunch Buffet, from 11 a.m. to 2 p.m. at the Officers' Club. The buffet is open to everyone.

Friday
Play **Victory Bingo** and win prizes up to \$15,000. There are guaranteed \$50 payouts.

Dance to a variety of music at **Magraders Club** from 9 p.m. to 3 a.m. The club is located in the back of Magraders Pub and the cover charge is \$3 for military and \$5 for civilians.

Artistic Expression with Jake begins at 6:30 p.m. at the Youth Center Teen Room.

Come out for the **Health Rocks Dance** at 6 p.m. at the Youth Center.

Saturday
Step Team practice begins at 2 p.m. at the Youth

Center Dance Room.

The NCO Club presents **Classic Soul Saturday** from 9:30 p.m. to 2 a.m. in the Excalibur Room. The cover charge is \$3 for military and \$5 for civilians. Live broadcasts from the BIG DM 101.3 with giveaways are 9:30-11 p.m.

Sunday
Play **Victory Bingo** 12:30-4:30 p.m.
Come out to **Brunch** from 11 a.m. to 2 p.m. at the Officers' Club.

Family Day at the Youth Center will be held 2-6 p.m.

Monday
The **NCO Club** presents a **full lunch buffet** featuring fried chicken or fish, fresh vegetables, a full salad bar, soup, assorted desserts and a beverage from 11 a.m. to 1:15 p.m. for \$7.

Lifeguard Classes are held at **Knight Pool**, 7-9 p.m. and continue through Jan. 31.

Tuesday
Movie Night begins at 6 p.m. at the Youth Center in the Teen Room.

Enjoy **free movies** every Tuesday at Magraders Pub.

Wednesday
Be a sensation with **Karaoke** at **Magraders Club** at 7:30 p.m. The cover charge is \$3 for military and \$5 for civilians.

Ongoing Offers

- The **NCO Club lunch buffet** is served from 11 a.m. to 1:15 p.m., daily. The cost is \$7 for adults and \$3.75 for children.

- The **NCO Club breakfast** is served 6-9 a.m., Monday through Friday. The cost for adults is \$7 and \$3.75 for children 4-10 years old.

- The **Officers' Club specializes in catering** wedding receptions, anniversaries, promotions and other special occasions.

- The **NCO Club caters** to all your needs: dining in, dining out, promotions, breakfasts, meetings, birthdays, weddings, graduations, retirements and any other special occasion.

- **Victory Travel** has special offers for a variety of dinner shows and attractions. Some require reservations. Stop by Victory Travel in the MG Robert B. Solomon Center for more information on discounts.



Ask the MEDDAC commander

Articles provide answers to readers' questions

Q What is the purpose of the 'Ask the Commander' articles on the Health page?

A Ask the MEDDAC, DENTAC and Veterinary Activity commander articles are designed to provide answers to topics in which the community are interested. This is a good way to get information to the community in a timely manner.

A variety of articles are published. We try to publish information associated with monthly official observances, for example, "National Heart Month" or "Give Kids a Smile Day," but these topics are only



Col. James Mundy

guidelines. If you have a comment or concern that you would like to see addressed, please let us know by contacting us through any of these methods:

- 1. Contact Nichole Riley, Public Affairs Officer, at 751-2291 or e-mail Nichole.Riley@amedd.army.mil.
- 2. Call the hospital information desk at 751-2160/5308 or visit online at <http://www.moncrief.amedd.army.mil>.
- 3. Write to: Commander, USA MEDDAC, ATTN: Public Affairs Office, 4500 Stuart Street, Fort Jackson, SC 29207.

Once my PAO receives your question(s), she will research and publish approved answers to questions or concerns. The DENTAC commander, Tennessee Valley District Veterinary Command officer-in-charge and I take

the PAO mission very seriously and personally review the questions and answers.

This is a great forum through which we provide the community with information pertinent to the morale, health and welfare of the population.

What medical, dental or veterinary concerns and questions are on your mind today?

Take a moment to give us a call, drop us an e-mail or write us a letter. We want to know what is important to you because that is very important to us. This weekly forum is designed to allow us the opportunity to better serve you.

To submit questions to the Ask the MEDDAC or DENTAC commander, e-mail Nichole.Riley@amedd.army.mil or call 751-2291.

Help available to quit using tobacco, get in shape

Sandra Norcross, RN, MS
Moncrief Army Community Hospital

Adopting a new health outlook is a good way to start the year. Some things to start with are to quit using tobacco, to reduce the amount of saturated fat and trans fats consumed, to exercise more, to eat smaller portions of food and to know what preventive exams to take based on age and gender.

Tobacco cessation

For those who are ready to quit smoking, Army Public Health Nursing offers a tobacco cessation program. A new class starts every 8-10 weeks. The next class starts March 3. It consists of six weekly classes and a follow-up. An appointment for a nicotine assessment must be made before the program start date.

The program is designed from the latest research and clinically proven techniques to improve success for tobacco cessation efforts. There are three main components: education, behavior modification and prescription medication. Classes are available to all military beneficiaries and civilian employees.

The program is also offered at work sites on Fort Jackson for groups of 12 or more people who want to quit tobacco. Classes are held Mondays in the Post Conference Room. For more information, call 751-5251 or visit www.chppm.com and search "tobacco control."

Physical fitness

People who plan on starting or maintaining an exercise program are invited to attend the six-month civilian fitness pro-

gram at Fort Jackson, called "R.U. FITT."

The basic program components include a pre- and post-assessment of lipid panel, blood pressure, weight, body mass index, percentage of body fat and fasting blood sugar; health education; exercise three times a week; and a post evaluation.

Participants set their personal goals for the following six months. A midpoint session gives participants the opportunity for feedback, problem solving, goal review and peer encouragement. Orientations are held monthly.

This program has won several awards, including The South Carolina Governor's Council on Physical Fitness Worksite Wellness Award and the Palmetto Richland's Healthy Worksite Wellness Program Award.

It is open to government service and

wage grade civilian employees, family members, active duty and Reserve Soldiers. Participants must attend an orientation before starting this program. The next orientation is 2 p.m., Jan. 24 in the Army Public Health Nursing classroom, 4323 Hill Street.

For more information, call 751-5251 or visit www.chppm.com and search "civilian health promotion program."

Preventive tests

Preventive tests are an important part of a health-oriented lifestyle. They are especially important for people diagnosed with asthma or diabetes.

For a recommendation on which tests should be taken, see the box on this page. For more information, call 751-2501 or 751-5251.

Adult Preventive Health Services

Recommended tests for adults

Test	Age	Frequency
Blood Pressure (Hypertension)	18 and older	Every office visit or yearly
Cholesterol (Hyperlipidemia)	35 and older	Every five years if levels are normal
Mammogram (Breast cancer)	40 and older (women)	Every year
Pap Smear (Cervical cancer)	21 and older earlier if sexually active	Every one to three years
Chlamydia (Chlamydial infection)	25 or younger (women, if sexually active)	Yearly until age 26
Colonoscopy (Colon cancer)	50 and older	Every five to 10 years if normal
Stool Occult Blood (Colon cancer)	50 and older	Every year
Bone Mineral Density (Osteoporosis)	65 and older (women)	Periodically

Pharmacies open on Saturday

On-post pharmacies will now be open Saturdays for customer convenience. The main hospital pharmacy will be open from 7:30 a.m. to noon and the refill pharmacy will be open from 9 a.m. to noon. To refill a prescription: call toll-free (866) 489-0950; call 751-2250; or visit online at <http://www.moncrief.amedd.army.mil>.

Pharmacy Refills

Refill prescriptions online at www.moncrief.amedd.army.mil. Look for "Pharmacy Refills Online" on the right side of the Web page. The Post Exchange Refill Pharmacy is the only site to pick up refills called in or ordered online. MEDDAC requires an authorization form to be completed and signed before a spouse, family member or friend can pick up someone else's prescriptions.

Helpful Information

Reach MACH toll-free at (877) 273-5584 or locally at 751-CARE (2273), or visit online at www.moncrief.amedd.army.mil.

COMMUNITY HIGHLIGHTS

Homes and love needed



Photos by Kristen Marquez

These animals at the Fort Jackson Veterinary Clinic need a home. From left: 1-2-year-old female mixed breed dog, 1-year-old male gray tabby and 1-year-old male chocolate Lab. For information on adoption call 751-7160.

This Week

Flamingo Women's Support Group

The Flamingo Women's Support Group will meet from 10 a.m. to noon, today at the Strom Thurmond Building, Room 123. For more information, call 751-5256/6325.

Free Carnival

A free carnival celebrating the legacy of Dr. Martin Luther King Jr. will be held from 10 a.m. to 1 p.m., Monday at the South Carolina State Museum.

Surviving Spouse Luncheon

A luncheon for surviving spouses will be held at 11:30 a.m., Jan. 22 at the NCO Club. The guest speaker will be Pam English, Moncrief Army Community Hospital, talking about Tricare. The lunch buffet will be available for \$7.50. R.S.V.P. is required by Jan. 21. For more information and to register, call 751-5444 or e-mail Marillynn.Bailey@jackson.army.mil.

Starting and Running a Small Business

A seminar about small business development will be held 9-11:30 a.m., Tuesday. Registration is required. For more information and to register, call 751-4109/6062.

Spouses to Teachers Seminar

Spouses to Teachers will hold a seminar about teacher certification 1 p.m., Tuesday at the Education Center, Room B-303. For more information and to register, call 734-4014.

Troops to Teachers Seminar

Troops to Teachers will hold a seminar about teacher certification and job placement 2:30 p.m., Tuesday at the Education Center, Room B-303. For more information and to register, call 734-4014.

Steps to Federal Employment

This workshop will be held 8:30-11:30,

Wednesday at the Strom Thurmond Building, Room 213 and will go through every step of the Army Resumix process for federal jobs. For more information and to register, call 751-5452.

Upcoming

Hearts Apart

Family Support Group Meeting

The Hearts Apart Family Support Group will meet from noon to 3 p.m., Jan. 26 at North Springs Park, 1320 Clemson Road. Bring your favorite dish.

For more information, call 751-7489/7491 or 397-0168 or e-mail Patricia.Guillory@jackson.army.mil.

Child Birth Education

A seminar on child birth will be held 6-7 p.m., Jan. 29 at a location to be determined. For more information, call 751-5256/6325.

Scholarship Seminar

A free seminar on federal, state and military family member scholarships and financial assistance will be held Jan. 29-30 at the Strom Thurmond Building, Room 213. Attendees will receive a free Financial Assistance Guide containing military scholarship information for all branches of service.

For more information and to register, call 751-6153/5452.

Credit and Credit Reports

A class on credit and credit reports will be held 8:30-10:30 a.m., Jan. 30 at the Education Center, Room B-302.

Levy Briefing

A Levy Briefing will be held 2:30-3:30 p.m., Jan. 30 at the Strom Thurmond Building, Room 214. For more information, call 751-5256/6325.

FCC Recruiting Providers

The Family Child Care Program is

recruiting military spouses who live in government quarters, and certified off-post individuals to be Family Child Care providers.

The next FCC training will be held from 8 a.m. to 4 p.m., Feb. 11-14 at the Joe E. Mann Building, 3392 Magruder Ave. Applicants must apply by Feb. 1. For additional information, call 751-6234.

Reclamation Sale

A reclamation sale for Soldiers will be held from 8 a.m. to 5 p.m., Feb. 4-8 at 2570 Warehouse Road. The limits are two sets of ACU's and one set of boots per person. All other items are on basis of issue and only cash will be accepted. The schedule is as follows:

Feb. 4 — E1 through E5 active duty or Reserve on active duty.

Feb. 5 — Training Cadre to include 1st Sergeant, commanding officer, training non-commissioned officer, executive officer.

Feb. 6 and 7 — All ranks, active duty.

Feb. 8 — Active duty, USAR, ARNG.

Family Readiness Group Leadership Training

FRG leadership training will be held Feb. 27-29. Registration is required by Feb. 4. For childcare, contact the Mobilization and Deployment Program no later than Wednesday. For more information, call 751-7489/7491 or e-mail Patricia.Guillory@jackson.army.mil.

Rear Detachment Commander's Course, Phase II

A seminar on the duties and responsibilities of the Rear Detachment Commander will be held Feb. 5-7. For more information, call 751-7477.

African American History Month Luncheon

A luncheon celebrating African American History Month will be held from 11:30 a.m. to 1 p.m., Feb. 12 at the MG Robert B. Solomon Center.

The guest speaker is retired Command Sgt. Maj. Cravis Taybron. Tickets cost \$9. For more information, call 751-4247.

Announcements

Absentee Voting

Absentee voters can exercise their right to vote by completing the Federal Post Card Application (FPCA Standard Form 76) or complying with the ballot request procedures enacted by the state in which they vote.

After mailing in the application, the voter will receive his or her absentee ballot. Mailing guidelines differ from state to state. For more information, contact your Unit Voting Assistance Officer or visit www.vote.army.mil.

Safety first



Courtesy Photo

Brig. Gen. James H. Schwitters, Fort Jackson commanding general, presents Richard Hendrick, Environment and Natural Resource Division, the Additional Duty Safety Officer of the Year award Jan. 9 at the Post Conference Room.

Mandatory Registration for FRG Leaders

In accordance with AR 608-1, all Family Readiness Group leaders must be registered with Army Community Service, Mobilization and Deployment Program. FRG leaders disseminate information, events and available resources to family members and the chain of command.

If your e-mail address or contact number has changed, call 751-7489. If you were certified at another installation, bring your certificate of training to 2179 Sumter Ave., Room A-12.

Miss South Carolina Crystal Garrett Update

Crystal Alicia Garrett, reigning Miss South Carolina and daughter of Fort Jackson Department of the Army civilian and retired 1st Sgt. Daniel Garret, will compete in the Miss America pageant in Las Vegas Jan. 26.

The pageant will be broadcast live on TLC (cable channel 43 on Fort Jackson). The station is also broadcasting a Miss America reality show every Friday leading up to the event.

Deployment Resource Library

A new library and resource center is now open at 2179 Sumter Ave., Room A-12. The library is open from 9 a.m. to 4 p.m., Monday through Friday. For more information, call 751-7489/7491.

Employment Readiness Help

The Employment Readiness Office teaches military spouses job-finding skills such as resume writing, interviewing, networking, salary negotiation and skills marketing. Call 751-5452 for assistance.

COMMUNITY HIGHLIGHTS

Forestry workers recognized



Photo by Chris Rasmussen

The Forestry Branch of the Directorate of Public Works was recognized Tuesday by Lt. Col. Richard Smarr, commander Victory Support Battalion, for their efforts in clearing trees along Train Fire and Dixie roads. The work was completed to improve the health of the forest, provide more training areas and increase safety from falling trees.

USC ROTC Battalion Enlisted Instructor Positions

Retiring or recently retired master sergeants may be eligible for active duty enlisted instructor positions at the University of South Carolina Army ROTC Battalion.

For more information, call 777-3644 or e-mail Charles.Brown@sc.edu.

DECA Scholarships for Military Children

The Defense Commissary Agency awards \$1,500 scholarships to unmarried children under the age of 21 (23 if enrolled in school) of active-duty, Reserve, Guard and retired military personnel.

All applicants must be enrolled in the DEERS database and have a current ID card. The applicant must be planning to attend an accredited college or university full-time in the fall term of 2008.

Applications for the scholarships are available in commissaries worldwide or online at <http://www.commissaries.com> or at <http://militaryscholar.org>.

Applications must be turned in to a commissary by Feb. 20.

School

Kindergarten Registration

Richland School District Two elementary schools are holding kindergarten registration through Jan. 31. Prospective students must be 5 years old by Sept. 1.

To register, parents must present the child's birth certificate, South Carolina immunization form, Social Security number and three or more proofs of residence. Registration is available during normal hours of operation at the school the child will be attending. For more information, call 751-6150.

Boys and Girls Club Youth of the Month

The Fort Jackson Middle School/Teen program is accepting nominations for the Boys and Girls Club Youth of the Month.

Candidates must be 14-18 years old, belong to the Fort Jackson Youth Center, exhibit leadership potential and have contributed to their family, church, school or community during the past months. To submit a nomination, call 751-6385/3977.

Recurring Meetings

Weekly

Walking Away Stress meets at 9 a.m., Mondays and Fridays at the pecan orchard near the post office on Early Street. For a walking log or more information, call 751-6325.

Range Control Briefing is held at 1 p.m., Mondays and Fridays at the Education Center, Room 302. For more information, call 751-7171.

Civil Air Patrol meets at 7 p.m., Mondays at Owens Field and 7 p.m., Tuesdays at Columbia Metropolitan Airport. For more information, e-mail cc@scwg.cap.gov or visit online at www.scwg.cap.gov.

Helping Everyone Reach Optimum Strength meets 5-6 p.m., Tuesdays at Moncrief Army Community Hospital, seventh floor. It is open to combat veterans and their family members. For more information, call 751-2160/2183.

Medical Board Office is closed from 7:30 a.m. until 1 p.m., every Thursday. For information, call 751-0359/7152/7318.

Protestant Women of the Chapel meet Thursdays from 9:30 a.m. to 12:30 p.m. at the Main Post Chapel. Homeschoolers are welcome and evening studies are available. Free childcare is available. For information, e-mail pwocjackson@yahoo.com.

Overseas Travel Clinic is held from 8:30 a.m. to noon, Fridays. For more information, call 751-5151.

Military Widows/Widowers Association meets at 2 p.m.,

Sundays at Moncrief Army Community Hospital, eighth floor. For more information, call 787-2469.

Monthly

Seabees meet at 7 p.m., the second Monday of each month at the West Metro Chamber of Commerce and Visitors Center. Call 755-7792 or 755-0300 for more information.

Sergeant Audie Murphy Club meets at 11:30 a.m., the first Tuesday of the month at the Post Conference Room, and is open to everyone.

Gastric Bypass Support Group meets at 6 p.m., the second Tuesday of the month in the Moncrief Army Community Hospital 8th floor physical therapy waiting room. For more information, call 751-0392. This is not just for weight loss patients; anyone interested is welcome.

Fleet Reserve Association Unit 202 meets at 1 p.m., the third Tuesday of the month at 2620 Lee Road. Call 482-4456 for information.

Fort Jackson "Victory Riders" Motorcycle Club meets at 5 p.m., the first and third Thursdays of the month at Magruder's Club. For information, e-mail sec@ffvictoryriders.com.

Society of American Military Engineers meets at 11:30 a.m., the fourth Thursday of the month.

For information, call 254-0518 or 765-0320.

U.S. Navy Sea Cadets meet the third weekend of each month. The group is for children ages 11-18. For more information call 622-8707.

District Two school-choice briefings

Online applications for Richland School District Two School Choice will be accepted until 5 p.m., Feb. 8. Videos on the programs and schools are available online at www.richland2.org. On-post students currently in sixth grade may apply for expanded choice and magnets, but fifth grade students may only apply for magnets. For more information call 751-6150. All meetings begin at 6:30 p.m.

Date	Location	Type
Jan. 22	Richland NE HS auditorium	school, magnet
Jan. 22	Spears Creek CDC (site TBD)	magnet
Jan. 23	Forest Lake Elementary cafeteria	magnet school
Jan. 23	Spring Valley HS little theater	school, magnet

Jan. 24	Center for Achievement computer lab	magnet
Jan. 24	RidgeView HS auditorium	school, magnet
Jan. 28	Conder Elementary cafeteria	magnet school
Jan. 28	Kelly Mill MS gym	school, magnet
Jan. 28	Richland NE HS	ACCEL program
Jan. 29	Blythewood MS gym	school
Jan. 30	Center for Knowledge MPR	magnet
Jan. 30	Richland Northeast HS auditorium	school, magnet
Jan. 31	E.L. Wright MS MPR	school, magnet
Feb. 4	Blythewood HS auditorium	school
Feb. 4	Lonnie B. Nelson Elementary auditorium	magnet school
Feb. 5	Spring Valley HS little theater	school and magnet



Photos by Chris Rasmussen

Staff Sgt. Adrian Jennings, a drill sergeant with 120th Adjutant General Battalion (Reception), reassembles a 50-caliber machine gun Friday during the 171st Infantry Brigade's Warrior Tasks and Battle Drills certification.



Staff Sgt. Steven Pena, Headquarters and Headquarters Company, 120th Adjutant General Battalion (Reception), prepares a blank grenade Friday during the 171st Infantry Brigade's Warrior Tasks and Battle Drills certification.



Staff Sgt. Michael Sawyers, Company B, Victory Support Battalion, Victory Support Battalion, 171st Infantry Brigade, kneeling in a wooded area during the 171st Infantry Brigade's Warrior Tasks and Battle Drills certification.



quarters Company, prepares to throw a Brigade's Warrior

Keeping skills current

Chris Rasmussen
Leader Staff

As a drill sergeant at the 120th Adjutant General Battalion (Reception), Staff Sgt. Adrian Jennings spends more time dealing with new Soldiers than on a 50-caliber machine gun.

Last week, however, Jennings and more than 500 Fort Jackson permanent party Soldiers from the 171st Infantry Brigade were certified in the 40 Warrior Tasks and Battle Drills during a brigade-level training exercise that challenged their knowledge and performance in weapons, communications and first aid.

"We really wanted to focus on permanent party Soldiers," said Master Sgt. Perry Flowers, first sergeant, Company B, Victory Support Battalion. "For two to six months, the Soldiers here don't pick up a weapon and 'if you don't use it, you lose it.' Soldiers always need to refresh their skills, so when they are deployed they won't be too far behind their peers."

Soldiers who work at the Victory Support Battalion, the Drill Sergeant School, the 120th Adj. Gen. Bn., the 187th Ordnance Battalion and the Fitness Training Company are all assigned to the 171st Inf. Bde.

The exercise, which was conducted Jan. 7-11, was part of a yearly requirement for certification, however, this is the first time it has been done at the brigade level for Warrior Tasks and Battle Drills.

"Every fiscal year from here on out, we will conduct this as a brigade," said Sgt. 1st Class Tyrone Berry, 171st Inf. Bde. noncommissioned officer in charge of Omaha Beach Range. "It really gets them back into training mode."

Conducted in training area 3C, located off Enon Road, the event featured 11 stations with a tester. The first half of the week focused on tasks and drill and the second half was certification.

It included four weapons stations, with tasks such as assembling a 50-caliber rifle and mock grenade throwing, and four combat drills. First aid was also emphasized as was placing a nine-line medical evacuation.

"It was geared to what is going on in Iraq and Afghanistan," Flowers said. "We've got to keep our Soldiers geared up and up to snuff."

Training leaders plan to keep the site up for the upcoming Expert Infantry Badge test in March, as well as the 2008 Warrior Tasks and Battle Drills certification.

"This was the perfect time to do the certification because it gets them into the mindset and focused on EIB," Flowers said. "We want to keep permanent structures out here so we don't have to reinvent the wheel every year."

Chris.Rasmussen@jackson.army.mil



Staff Sgt. Betty Townsend, a MEP PCT squad leader with the 171st Infantry Brigade, demonstrates how to properly bandage a wound Friday during the brigade's Warrior Tasks and Battle Drills certification.



Support Battalion, dresses an open chest wound under the watchful eye of ; Friday during the 171st Infantry Brigade's Warrior Tasks and Battle Drills



Staff Sgt. Cory Kapahulehua, 171st Infantry Brigade Training Room noncommissioned officer in charge, disassembles a 50-caliber machine gun in preparation for testing during the brigade's certification training Friday.

Leave last year's problems in the past, start fresh

Sandra Barnes

Army Substance Abuse Program

January brings to many a sense of renewal. The beginning of a new year provides a time and a season for newness, for the changes, inner and outer, that you have dreamed of making but have not set into motion.

But any time is a good time to make a new beginning.

At any point in your life, you can make a change, find a new direction, and take a new path.

You do not need to wait for the beginning of a new year to begin to follow a new way of life. However, it is sometimes easier to make a new beginning at this time of year, when the old year draws to a close.

Some are dealing with the same problems, issues

and challenges of the past year.

The holidays may serve as a difficult time for people who are more vulnerable to substance abuse or who may be recovering from certain addiction.

Do you have an area in your life that you would like to change or improve? You need not carry into the new year the old habits of thinking and acting that have left you frustrated or unhappy.

Do you have the desire to discover the need to change, the courage to accept it and the will to enforce it?

Find your obstacle and then make today the first day that you decide to do something about it.

Remember, you always get to make behavioral changes throughout the year, and not only at New Year's.

If you have any questions about substance abuse or if you suspect that you might have a substance abuse problem or you know someone who abuses alcohol or drugs, please contact the Army Substance Abuse Program for assistance at 751-5007.



ASAP Calendar of Events

Alcohol and Drug Abuse Prevention and Training Program is a two-day class for those interested in learning more about alcohol and drug abuse, and will be held from 7:30 a.m. to 4:30 p.m., Jan. 28-29 at 3250 Sumter Ave. It is also for those who the command feels could benefit from re-education.

Unit Prevention Leader training will be held from 7:30 a.m. to 4:30 p.m., Feb. 27-29 at 3250 Sumter Ave. It is required training for newly assigned unit prevention leaders and includes training on drugs and alcohol, biochemical testing and substance abuse prevention. Seating is limited, and the

duty uniform is required. Please do not schedule appointments during class time.

Editor's Note: *The Army Substance Abuse Program provides prevention/education to the community on topics pertaining to alcohol and other drug usage. ASAP maintains a wide selection of pamphlets and videos that can be used to get a further understanding of the dynamics of substance abuse and use. ASAP staff is available to give presentations on alcohol and drug abuse. For questions about classes offered or about substance abuse, call 751-5007.*

CHAPEL

Plant pansies where you are

Chaplain (Capt.) Michael Turpin
3rd Battalion, 60th Infantry Regiment

About 10 years ago, my wife and I went to dinner with a wonderful couple who spent most of their life moving from ministry to ministry and house to house. When our paths crossed, she was a secretary at a local Bible college and he was trying his hand at a new business venture.

During dinner we asked them how they held things together through the years with so many moves and so little stability regarding money and their future. She said something that my wife and I have held on to for 10 years now.

She said, "Plant your pansies where you are."

What she meant was that we never know for sure how long we are going to be somewhere or what our future holds.

Therefore, no matter where we are or how long we are going to be there we must try to make it home, grow roots and make the place more beautiful or better than when we came. We must do what we can to make every place like home.

The Bible says that godliness with contentment is great gain (1 Timothy 6:6). People often quote Philippians 4:13, which says, "I can do all things through Christ who strengthens me." But if you read this in context, Paul is not talking about being able to do incredible tasks. What he is talking about is learning to be content.

He says in verse 12, "I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or want."

This is the real trick of life. It is not so much about getting what you want, but rather wanting what you have and really being where you are.

In the military, we move around a lot, the future is often unstable. The secret is to plant your pansies, grow roots and make every place like home.



Worship services

Protestant

- Sunday 8 a.m. and 10:45 a.m. Daniel Circle Chapel (Gospel)
8 a.m. Bayonet Chapel (Hispanic)
9:00 and 10:30 a.m. Magruder Chapel
9:30 a.m. Main Post Chapel
10:45 a.m. Post-wide Sunday School (Post Chapel)
11 a.m. Daniel Circle Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next
Chaplain School
- Wednesday 7 p.m. Gospel Mid-week Service Daniel Circle Chapel
- **PROTESTANT BIBLE STUDY**
 - Monday 7 p.m. Women's Bible Study (PWOC - Post Chapel, Class 209)
 - Wednesday 7 p.m. Anderson Street Chapel 7 p.m. Daniel Circle Chapel 7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)
 - Thursday 9:30 a.m.-12:30 p.m. Women's Bible Study (PWOC, Post Chapel) 6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699) 7 p.m. LDS Bible Study (Anderson Chapel)
 - Saturday 8 a.m. Men's Prayer Breakfast (Post Chapel, every second Saturday of the month in Chapel Fellowship Hall)

PROTESTANT YOUTH OF THE CHAPEL

- Sunday 5 p.m. Daniel Circle Chapel (1st & 3rd Sundays)
- Wednesday 6:30 p.m. Main Post Chapel

Lutheran/Episcopalian

- Sunday 8 a.m. Memorial Chapel

Islamic

- Sunday 8-10 a.m. Islamic Studies
- Friday 12:30-1:45 p.m. Jumah Services (both — Main Post Chapel)

Church of Christ

- Sunday 11:30 a.m. Anderson Chapel

Catholic

- M-F 11:30 a.m. Mass (Post Chapel)
- Sunday 8 a.m. Mass (Solomon Center)
11 a.m. Mass (Main Post Chapel)
9:30 a.m. Mass (120th AG Battalion Chapel)
9:30 a.m. CCD (Education Center)
9:30 a.m. Adult Sunday School
12:30 a.m. Catholic Youth Ministry
- Wednesday 7 p.m. Rosary
7:30 p.m. RCIA/Adult Inquiry

Jewish

- Sunday 9:30-10:30 a.m. Memorial Chapel
10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

Latter Day Saints

- Sunday 9:30-11 a.m. Anderson St. Chapel

Addresses, phone numbers

Daniel Circle Chapel — 3359 Daniel Circle, Corner of Jackson Blvd., 751-4216
Main Post Chapel — 4580 Strom Thurmond Blvd., corner of Scales Ave., 751-6469
Bayonet Chapel — 9476 Kemper St., 751-4542
Family Life Chaplain - 4850 Strom Thurmond Blvd. (inside of Main Post Chapel), 751-5780
Anderson St. Chapel — 2335 Anderson St., Corner of Jackson Blvd., 751-7032
Education Center — 4581 Scales Ave.
Magruder Chapel — 4360 Magruder Ave., 751-3883
120th Rec. Bn. Chapel — 1895 Washington St., 751-5086
Memorial Chapel — 4470 Jackson Blvd., 751-7324

FIRST RESPONDER



The following are selected incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Greg Vibber

Director, Emergency Services/Provost Marshal

Sgt. Maj. Patrick O'Connor

Provost Sergeant Major

Billy Forrester

Fire Chief

who influenced their Soldiers to be safe.

A Soldier was arrested in connection with the unlawful use of emergency equipment, driving with a suspended license, driving with suspended tags and speeding, the MPs said.

The Soldier was held at the Alvin S. Glenn Detention Center and released to his unit the following day.

Tip of the Week

According to the South Carolina Department of Public Safety, speeding accounted for 29 percent of all traffic violations in the state in 2005.

More than 23,000 speeding tickets were issued for speeding violations that were less than 10 mph above the limit. A common misconception is that officers will not write tickets for speeds less than 10 mph above the limit.

Speed is a leading contributing factor in an overwhelming number of vehicle accidents and officers are committed to identifying violators.

Slow down, getting there safely is more important than getting there early.

crimestoppers
1-888-559-TIPS
www.midlandscrimestoppers.com

FORCE PROTECTION THOUGHT OF THE WEEK

THINK OPSEC!



THINK OPSEC!

**I WANT YOU!
TO ENCRYPT SENSITIVE INFORMATION!!**

LEGAL

Fort Jackson Tax Center to open Wednesday

Capt. Ryan Dodd
Legal Assistance Attorney

The Fort Jackson Installation Tax Center will open its doors beginning Wednesday. All service members, family members and retirees can call 751-JTAX (5829) to schedule an appointment. Customers will be seen on an appointment basis, with walk-ins having lower priority. Appointments can be scheduled Monday through Friday between 9 a.m. and 4:30 p.m. Through Feb. 1 the Tax Center will have extended hours until 7 p.m. Monday through Friday. After opening its doors, the Tax Center will make a determination based on client needs if any weekend appointments will be available.

This year, the Tax Center will be located in building 2441 off Supply Road.

The Tax Center will not implement a “1040EZ Drop Off” this year.

This may be put into action later in the season if the need arises. However, for now, anyone utilizing the Tax Center will have to sit down with a tax preparer to discuss the tax payer’s taxes.

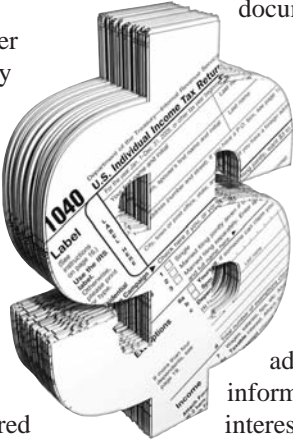
The Fort Jackson Tax Center is staffed by Fort Jackson permanent party Soldiers who have volunteered

to assist customers in preparing their taxes.

All volunteers have attended an Internal Revenue Service course on tax preparation and unique military issues and are certified Volunteer Income Tax Preparers.

In 2007, the Soldiers at the Tax Center prepared more than 2,000 tax returns and saved the Fort Jackson community approximately \$199,000 in tax preparation fees.

Customers entitled to tax assistance will be required to make appointments and bring all appropriate documentation to their appointment.



Documentation needed includes, but is not limited to: a valid Social Security card for all family members, federal wage forms (W-2), interest statements, investment dividend forms and the most recently filed tax return.

Other important information may include bank/investment statements and any other income statements. In addition, homeowners should provide information relating to property taxes and interest paid on their homes and mortgages.

Legal Assistance Office

Fort Jackson’s Legal Assistance Office is located in the Office of the Staff Judge Advocate, 9475 Kershaw Road, and is open from 9 a.m. to 4 p.m., Mondays through Thursdays. Appointments can be made by calling 751-4287.

The office accepts walk-ins for living wills, health care powers of attorney and durable powers of attorney, 1:30-3:30 p.m, Tuesdays and Thursdays.

Walk-ins are welcome for general legal questions and are accepted 9-11 a.m., Thursdays.

When calling to make an appointment, customers will be reminded of what to bring, but it is the customer’s responsibility to present all necessary documents to his or her tax preparer.

The Tax Center will also assist in the preparation and filing of most state income tax returns.

For more information or to schedule an appointment, call 751-JTAX (5829). The Tax Center is also looking for volunteers.

SPORTS

Guardsmen hand MPs 47-37 loss

Heath Hamacher
Leader Staff

It was not a picture-perfect performance, but the South Carolina Army National Guard basketball squad opened the 2008 winter season with a 47-37 win over the Military Police Monday at Coleman Gym.

Bernard Benjamin led the Guardsmen with 16 points, including three key 3-pointers in the second half. Lorenzo Brooks added 10.

Both teams showed the rust of the long layoff at first, turning the ball over and missing open shots, but it was the MPs who found themselves in an early hole, trailing by as many as eight points. They would rally, though, behind the strong play of Logan Burgess and Warren Johnson to cut the deficit to 23-22 at the intermission.

Five minutes into the second half, the



Guardsman Bernard Benjamin shoots a free throw Monday at Coleman Gym. The South Carolina Army National Guard won the game, 47-37.

MPs knotted the score at 26. After trading 3-pointers, a layup by Burgess gave the military police their first lead, 31-29.

It would be short-lived, however, as the Guardsmen — using a smaller and faster lineup — began to pull away down the stretch, taking advantage of turnovers and free-throw opportunities. And when the MPs threatened, Benjamin answered from behind the arc.

Said head coach Rodney Brown, “Those threes were right on time; they kind of opened up the game for us.”

Defensively, Brown said he made an adjustment during the intermission to slow down the MP’s inside game. This seemed to work, as his squad held the MPs to just 15 second-half points.

“I changed the strategy and went to a 2-3 zone,” he said. “I knew from all the one-on-one pressure their legs would be tired, so I went to the zone so they could take outside shots.”

Despite the loss, the MPs’ Robert Escobedo feels his team made progress.

“For us, I think the game went good because we’ve never played together as a team,” he said. “We learned a lot about ourselves. We fought as hard as we could but just didn’t have enough juice, in the end. We made a lot of turnovers and missed a lot of shots.”

Burgess led his team with 14 points, followed by Johnson, who had 12.

The other two games slated for Monday were forfeited.

Heath.Hamacher@jackson.army.mil



Photos by Heath Hamacher

Guardsman Guion Gregory scores on a fast break late in the game against the Military Police Monday at Coleman Gym.

Does my butt look big in these ACUs?

Maj. Thomas Hundley
Chief of Logistics
Moncrief Army Community Hospital



Maj. Thomas Hundley

Now that the holiday season is over, the Christmas decorations are put away, and the city sanitation workers have collected all of the champagne bottles, you awake to begin a new year full of hope and optimism.

You go to the closet and put on your Army uniform (or your most comfortable outfit for civilians). When you look into the mirror at the gorgeous reflection staring back, you think to yourself, “Oh yeah, I still got it!”

But as you turn to get a side view, you think to yourself, “Oh my goodness!” Your new found reality is that the Butter-ball turkey was not the only thing that got stuffed!

Then you ask your significant other (or yourself), “Does my butt look big in these ACUs?” (Don’t act like I am the only one who has asked this question!!)

Don’t worry fellow Soldiers and friends. I am here to put your problems

behind you. (Oops, too late). Better yet, I would like to offer some practical advice to help you achieve your best shape for 2008. Hopefully, these colorful, yet vivid quotations will remain on your mind as you fulfill your New Year’s resolutions:

SHAKE IT like a salt shaker!

This is an opportunity to move that ca-boose right down the tracks. Take advantage of every opportunity to walk, power walk or run. I personally prefer speed walking because it forces you to twist and shake your derriere in a wind-shield-wiper-like motion. Great exercise for all ages. Remember, you have to move it, to lose it!

DROP IT like it’s hot!

One of the best exercises to tighten those gluteus maximus muscles (or buttocks to be more direct) is to perform movements that require you to squat. You don’t really need to add weight to get the full effect, but the resistance offered through the use of weights will allow you to achieve faster results. So, the next time you have to bend down to pick up a box, pick up your baby or pick up the spare change off the floor, do yourself a favor, and pop a squat and drop it like it’s hot.

SQUEEZE IT like it’s orange juice!

This is an exercise that you can do anywhere, although it may get strange looks if seen doing these in public. Think small, control contractions when performing this movement. Just stand up, contract and hold your glutes (or buttocks) for three to five seconds, and release. Perform about 10 to 12 of these little contractions every time the feeling hits you. Instead of giving Heinz a squeeze, give your “behind” a squeeze.

EAT RIGHT

This is not a sprint, so think about a slow, yet structured pace. Here are three little tips that will kick start your new eating habits.

1) Substitute a glass of water for at least one soda, sweet drink or juice every day.

2) Substitute a granola bar or a piece of fruit for a doughnut, cookies or potato chips.

3) Substitute a baked or grilled meal for two fried-food meals each week.

This will get you started for January. Next month, we will go to the next level. Remember, I will be behind you all the way! Actually, I am kind of enjoying the view! Happy New Year!

Sports Briefs

Darts

Letters of intent for intramural and recreational darts are due to the Sports Office by Wednesday. The league begins at 5:45 p.m., Jan. 31 at Magruders Pub. For more information, call 751-3096.

Swim Meet

A swim meet will be held Feb. 21 at Knight Pool. Names and events are due by Feb. 14. For more information, call 751-3096.

Youth Spring Sports

Registration is currently being accepted for youth soccer, track, double dutch and baseball seasons. All children must be registered with Child and Youth Services to register for sports. To make a registration appointment, call 751-4865/4824. A current physical and proof of age are required and track participants must submit a copy of their birth certificate. The seasons are: Soccer: February through May. There are two age brackets, 3-10 years old and 10-13 years old. The registration fee is \$30, but additional children from the same family cost \$27. The fee includes a jersey and trophy. Track: March through May. Track is open to children 9-14 years old. The registration fee is \$40, but additional children from the same family cost \$36. The fee includes a jersey and trophy. Double dutch: March through May. Registration is open for children 6-18 years old. The registration fee is \$30, but additional children from the same family cost \$27. The fee includes a jersey and trophy. Baseball: April through June. T-ball is open for 3-5 years olds; coach pitch is open for 6-8 years old; and little league is open for 9 years old and up. The fee is \$40, but additional children from the same family cost \$36. The fee includes a jersey, hat and trophy.

Spring Sports Spectacular

Free skill sessions open to all Fort Jackson community youth coming up are: soccer, 5-7 p.m., Feb. 7 at the Youth Sports Complex; double dutch, 5-7 p.m., Feb. 14 at the Youth Center gym; track, 5-7 p.m., Feb. 28 at the Youth Sports Complex; and baseball, 5-7 p.m., April 3 at the Youth Sports Complex.

Need Volunteer Coaches

Volunteer coaches for youth sports are needed. Experience is desired, but not mandatory. For information on the “coaches discount” or to volunteer, call 751-5040.

CLASSIFIEDS

100 Announcements

For Rent: Horse Barn on one shaded acre in Gaston, 10 min. off Hwy. I-20, exit 129. Connected to miles of sandy rural roads and beautiful lake. \$75/month. 803-261-5603.

Please donate a reliable, dependable car or truck to a family in need. With your help it will enable them to get to work and to hospital visits for treatment in Columbia area. Thank you in advance! Mrs. Graham, 803-438-5913.

101 Child Care

****Little Bright Daycare** (State Licensed) has full-time/part-time openings Mon.-Fri. for 6 weeks-12 years of age. Accepts ABC vouchers. All meals provided. Flexible hours. Clemson Rd. area. Tamara Bright (21137), 803-865-5405.

Head of the Class Academy has full-time openings for children 6 wks.-5 yrs. Come join us and have fun while you learn. Developmental age appropriate activities and nutritious meals. We provide an affordable, safe, nurturing, and caring environment. Call 783-8929.

106 Yard Sale

Yard Sale Saturday, Jan. 26th, 7a.m.-12p.m.. 305 Rose Creek Lane. Huge sale. Lots of girl's toys, electronics, furniture, clothes.

108 Roommate Wanted

10 minutes to Fort, 20 minutes to McEntire. Month-to-month lease. Retired Male vet wants neat/quiet, non-smoker to share home off Leesburg Rd./Garners Ferry. Furnished room w/micro, fridge, W/D. \$350/month, \$300/security. Free utilities. 776-9549, lv.name/number. "DISCOUNT ARRANGED for Maintenance Service".

3BR, 2BA Mobile Home in Blythewood w/huge yard. Newly renovated, all new carpets/floors, fresh paint, new light and window fixtures. Easy access to I-77, about 20 min. from Fort Jackson. \$200/\$150 per month plus partial utilities. Military friendly lease. 803-727-0607.

Female wants roommate in apartment home. Kitchen with microwave and fridge, fully furnished Living Room, laundry facilities and full utilities available. Non-smoking household. \$425 per month. Close to I-77 and 10 minutes from Ft. Jackson. For more information call 253-592-4686.

Roommate wanted in Harbison area. \$525 per month plus 1/2 utilities. Call 803-917-3724.

Senior Citizen has Room for rent in the Northeast Area. \$400/month plus share utilities. Kitchen and laundry available to share. Telephone and cable provided. For more information call 803-708-2171.

108 Roommate Wanted

Single, clean, new, spacious, secure room. Located in Northeast Columbia. Renter will have their own bathroom, walk-in closet, free cable and internet. \$450 per month. Renter will pay half of utilities. Call 803-466-4548.

200 Help Wanted

Spirit of Life Christian Ministry is seeking part-time musician who will assist the Pastor in leading worship, lead and direct music programs and be available for special ministry programs. Email resume, references and salary requirements to spiritoflifeministries07@yahoo.com

500 Pets

Chocolate Lab needs Loving Home. Free 12 year old full-blooded Chocolate Lab is energetic, likes children and is healthy, lovable and sweet. Has been an outdoor dog for years. Call 803-767-3488 if interested in adopting him.

For sale: Adorable AKC Rottweiler pups, males and females, born 03 December 07, wormed and first shots. Please call (803) 308-3352.

600 Appliances

Brand New Roper Washer, still in box and under warranty, large capacity, white, porcelain tub, 8 cycles. Part # RAS7133RQ. \$220. 803-389-2670 after 7 p.m.

Dryer for Immediate Sale-Orders to Korea! Whirlpool 6 cycle Infinite Temperature Dryer, Super Capacity. Clean older model, used rarely. Runs like new. Light tan color. Does not come with rear foil vent. \$200 OBO. Call Krista, 281-382-4095 or Richard, 281-253-6336.

FREE Washer and Dryer! Washer works, dryer does not. Must take both! Located in NE Columbia. Call James at (706) 829-3041.

Freezer, \$500, United Commercial Heavy Duty Upright, great condition. Call 736-2462.

Kenmore almond color fridge, good condition, \$250 OBO. Call 803-419-3677

601 Electronics

32 inch Magnavox color TV with remote, really nice, \$180. 803-788-5936.

32 inch Toshiba (HDTV) TV, less than 2 years old with remote. Sold for over \$800 new, asking \$250 OBO. Call 803-238-4587.

Disney Princess 13" TV and DVD Player, \$150 for both. VCR, \$25, Emerson VHS 4 Head Hi-Fi Stereo. VCR, \$25, Orion VHS Digital Auto Track. Fax/Copier, \$30. Panasonic plain paper, auto receive feature and side phone. Call 736-2462.

601 Electronics

Magnavox Projection 46" TV, \$325. Contact 788-2349.

Pioneer AVH-P5700 in dash CD/DVD player, 6.5 inch monitor LCD touch screen, fully motorized. Selling for \$300. Purchased at Norton Stereo. Still under warranty. If interested please contact SSG Thompson or Chelsa Thompson at 803-665-9823.

602 Furniture

Armoire, \$300, dark oak with 4 large drawers, great condition. Bookshelves, \$35. 2 tall white bookshelves with 4 movable shelves. Computer Desk, \$40, wood with pull-out keyboard drawer, printer shelf and large drawer. Call 736-2462

BEDROOM SET: A Beautiful cherry sleigh bed, dresser, mirror, night stand, brand new, still in boxes, \$895. Interest Free Financing. Can Deliver. Call 803-319-8043

Brand New Mattress Sets: Still in plastic, Queen set, \$150. King set, \$325. Queen Pillow Top set, \$185. Can Deliver. 803-319-8043.

Brand New, mint condition Bassett Baby Bed with all accessories. Turns into a full bed. Will sacrifice for \$275. Mattress still in plastic. 803-269-8788.

Burgundy couch and 2 high back chairs, \$500. Hand carved German Bar with 2 stools, \$350. Call 803-408-0732 or 803-699-1382.

Executive Swivel Chair, black leather, perfect condition, cost \$350 new, asking \$150. Call 776-6992.

Sofa, black leather, full size, \$75. Book Cases, 2 pine, 8'x3'x12", \$10/each and 2 oak 6'x4'x12", \$20/each. Blinds by American Blinds, terra cotta woven, 70x58, brand new, \$100. 803-438-0553 or 803-629-6302.

White metal bunk bed, \$75 OBO. Twin on top, full on bottom, with side rails. Like new. No bending or damage. Please call 803-708-1460.

White, gently used wooden crib with mattress, \$50 OBO. Call 419-0760.

603 Miscellaneous for Sale

2 ea. Comfort Glow Natural Gas Heaters, seldom used, manual included, \$50 each. Avalon XLS 03, fully loaded, navigation system, one owner, \$16,000. Roll top desk, \$90. Contact 803-750-7518, 609-2188 or 609-2302.

4 Enki rims, size 16-7 spoke polished aluminum, asking \$300. 4 new Kumbo tires (285-50-20), asking \$400. Call 803-917-3712 for more info.

ATV, 2000 Honda 400EX. Racing set of plastic and original plastic, nerf bars, aluminum exhaust, extra tires, hand guards, \$2800 OBO. Call Jason, 315-405-9530.

Burial Plot and Vault at Greenlawn Memorial Park for sale. Call 803-647-7012.

603 Miscellaneous for Sale

Bike, 21 speed road bike made by Felt. Aluminum frame with Shimano shifters and brakes. Saddle and pedals not included. \$500 OBO. Call Watson, 803-477-2847.

Chi Farouk Straightening Iron, works great. Paid \$130 for this item, selling for \$60 or best offer. Please contact Danna at 337-378-2967.

Clock Radio, AM/FM/CD digital for under the cabinet, \$20. Child's Sand or Water box, turtle shaped with cover, \$10. Graco Stroller, 469 A4 series, \$15. AutoBike, 6 speed with no shifting, by Classic, \$75. 803-438-0553 or 803-629-6302.

Exercise Bike, Stamina 885, new, \$50. AB Lounger, new, half the price, \$50. Exercise chair for waist AB-Doer Pro Model, new, \$25. Massage Chair with remote by Homedics, excellent condition, \$100. 803-438-0553 or 803-629-6302.

Generator, Coleman 5000 Max ER Plus, used once, \$400. Call 803-438-0553 or 803-629-6302.

Kids Step 2 Play Desk, \$30. Top lifts for storage. Has pen holders, crayon cup holder, 2 side pockets, desk light and marker slots. Barbie Crown Activity Play Tent, \$100, great condition. Call 736-2462.

Kids Step 2 Play Kitchen, \$75, with play microwave and oven, play phone. Pots sizzle when placed on stove. Girl's Step 2 Play Vanity, \$30. Top lifts for storage. 2 side pockets, mirror and chair. 736-2462.

Ladies Designer Suits (New): Elegant Embellished and Knit Church Suits. Hats and Purses available. Suit sizes 4-34. Donna Vinci, Lisa Rene and others. \$50-\$80 each. Call 803-361-9246.

Men's Lauer Leather Jacket, chocolate brown, size 48. Made in the USA, like new, \$200. Call 803-425-9001.

Nearly complete Genesis/Phil Collins collection, 22 CDs. Call for titles, \$200 OBO. Nakamichi RX202 Reverse cassette deck, \$45. Gold Gym XR5 weight bench, \$35. 4 person tent, \$40. Call 803-469-6927.

Queen mattress set, no frame, good condition, \$40. Call 803-477-2847.

RIMS FOR SALE: Set of 17 inch Chrome Rims. 6 lugs, fits most Chevys. Came off a Chevy Tahoe. Good shape, like new, \$600. Please call home# 704-435-8284, leave message or cell# 704-466-8814.

Solar Pool Cover, \$75, fits 20x40 inground pool. Can be cut down for smaller pool. Only used once. Barbie Jeep, \$125. Has flashing lights, CB microphone and gas can, great condition. Call 736-2462.

Stock 2 speed power glide transmission. Running good when pulled out. \$200. Call 803-425-9001.

603 Miscellaneous for Sale

VW rims and tires 195/60/14, mint condition. Make offer. 14" rims and tires 195/70/14. Make offer. 15" rims and tires 195/70/15, \$200 OBO. Recently purchased for \$313. 803-269-8788.

702 Houses for Rent

2411 Rigby Drive in quiet Forest Acres, 3 miles from Fort Jackson: 2 Bedrooms, 1 Bath. \$890/month. Very cozy home with big backyard and patio. Won't last long. Available at end of January. Close to shopping and downtown! Call 803-767-3488.

3 Bedroom, 2 Bath Residence with 2 car garage. 1700 sq.ft., eat-in kitchen, LR, Den with fireplace and fenced backyard. Dogs allowed with deposit. \$950 per month, \$700 deposit. View this property at www.ahrn.com. Available Now. Call 912-368-1820 or 912-610-0765.

3 Bedrooms, 1 1/2 Baths, enclosed garage, fenced backyard. Appliances included. 2031 Oakside Lane, near Columbia Place Mall (Shakespeare Rd.). \$690/month + deposit. Call 803-556-6036 (cell) or 803-783-0833 (home).

3BR, 2.5BA, Brand new Master Suite and half bathroom, 1600 sq.ft., large backyard. Huge garage/workshop, hardwood floors, fireplace, Living Room, Sunken Room. Furnished or not. \$1100/month. For info call 803-622-0880.

3BR, 2BA in NE Columbia, Whitney Falls in The Summit. 2 car garage, refrigerator, washer/dryer. 1500 sq.ft. All Summit amenities. Minutes to Village at Sandhills, Richland 2 Schools. \$1100/month plus security deposit. Available January 15th. Call 803-234-4405.

Amazing Home, NE Columbia: 5BR, 2.5BA, huge lot. Office/playroom, oversized master bedroom, hardwood floors, granite countertops, beautiful kitchen. Most room feature walk-in closets. Huge backyard w/deck and play area. Available 2/1 (nego.) for rental or lease-option to buy. 419-4768.

Beautiful house in Northeast area approx. 15 minutes from Fort Jackson. 3 Bedrooms, 1.5 Baths, Family Room, Dining Room, kitchen, new appliances. W/D hookups. Fenced yard, corner lot. A lot of storage area. Must See. \$975/month plus security deposit. 736-6802.

Behind Lexington Medical Center: 3 Bedrooms, 2 Baths, \$800/month. Trash and yard service included. Patio with privacy fence. Fireplace. Clubhouse, swimming pool. Great school district and close access to interstates, shopping, USC. Call 798-7292.

702 Houses for Rent

Brick House, 3 Bedrooms, 1 1/2 Baths, Central Heat and Air, Washer/Dryer connections, fenced yard, hardwood floors, good condition, stove. \$750 per month. Call 803-315-5968.

Executive home, very clean, manicured yard: 4 Bedrooms, 2.5 Baths, 2 car garage, fenced yard, awesome deck. Great neighborhood with excellent schools. Rent is \$1795 (negotiable). Pets allowed. Call 803-528-3863.

Home for Rent: 800 Setter Lane, Quail Pointe Subdivision, Fort Jackson area. 3 Bedrooms, 2 Baths, washer/dryer connections, stove, refrigerator, dishwasher, NO PETS, fenced back yard. Security deposit required. \$700/month. Call 803-783-1257

House for Rent or Lease to Own: 106 Whitley Lane, Patriot Park, 3 miles from Fort Jackson. Built in 2005. 3BR, 2BA, some furniture included. \$800/month plus utilities. Call cell, 352-279-3705 for details. Credit check and references. Available Feb. 1st.

Immaculate 3BR, 2BA House. 5 min. from Ft. Jackson's Gate 4. Richland II School District. Eat-in kitchen, central vac and garage. \$950/mo., \$950 deposit. Move in by 15 Feb. and get \$100 off 1st month's rent. Call 803-419-1545

NE Columbia: 3BR, 2.5BA, 2110 sq.ft., 2 car garage, cul-de-sac, 1 year old, fireplace, balcony, patio, loft. Schools are Rice Creek, Kelly Mill and Ridgeview. Rice Creek Farms off Lee Rd., 421 Buttonbush Ct. \$1250/month. Jenny, 513-4936 or Dan, 803-788-2800.

NE Columbia: Available 2/5/08, 1919sq.ft, 1 yr. old 3BR/2.5BA, Loft, single family home for Rent/Lease. Large Family room w/fireplace, dining area, MBR w/walk-in closet, huge backyard, 2 car garage, quiet neighborhood/near Fort, Richland II Schools. All appliances. \$1550. 803-361-8351, 803-873-9056.

NEW HOME FOR RENT, SE COLUMBIA, HONEY TREE:

4 Bedrooms, 2.5 Baths, Double Car Garage, \$1050 per month. Minutes from Ft. Jackson Gate 5 and Downtown. Call Jody Styron at (803) 360-1558. Realty & Marketing Services.

Palmetto Property Management of Columbia CALL TODAY, 803-477-6902 1BR/1BA, 1313 Old Manor, \$550 2BR/1 or 2BA, 2100 Oceola St, \$680, 101 Wincay Rd, \$950. 3BR/2BA, 106 Lykesland Trail, \$800. Contact us at: palmettopm@sc.rr.com

Single Family Home for rent near Fort Jackson: 3 Bedrooms, 2 1/2 Bathrooms, 1614 sq. ft., built in 2006. \$1100/month. 1 car garage, range, refrigerator with ice maker, dishwasher, disposal, W/D connections, Central Heat/Air. Call 843-810-2164.

702 Houses for Rent	703 Apartments for Rent	805 House for Sale	805 House for Sale	900 Autos for Sale	900 Autos for Sale
Palmetto Property Management of Columbia CALL TODAY,803-477-6902 3BR/2BA, 9 Arthurdale Ct., \$1000, 5 Box Turtle + Bonus, \$1150. 4BR/2.5BA, 2 Rosecrest + Bonus, \$1100, 291 Basset Loop + Bonus, \$1200. Contact us at: palmettopm@sc.rr.com Private country setting: 5BR, 3BA, 3300 sq.ft., 5 acres cleared, high ceilings, hardwood floors, all appliances, large front porch w/ceiling fans, separate central heat/air, attic fan. 8 min. to Ft. Jackson, 1 mile from Elementary/Middle School. \$1200/month, deposit required. 803-432-4954 Quiet/safe country living, NE Columbia/Elgin area. 3BR/2BA home, newer subdivision w/fresh paint, carpet, wood floors. 20 minutes to Fort Jackson, 5 minutes to Village at Sandhills. No Pets. Non-smokers. All appliances. \$950/month, \$950/deposit. 1 yr. lease. Available 2/15/08. Ryan, 912-572-8623/803-438-8281. SE, near Ft. Jackson: 4BR, 2BA, Brick. LR, Den w/fireplace, lg. eat-in kitchen, Master suite, rear patio, huge fenced yard, carport. Newly remodeled inside/out. All Hardwood & ceramic. Lovely home in safe neighborhood. \$950/month. Credit check required. Call 803-261-5603 Spacious 3 Bedrooms, 2 full Baths, Fireplace, 2 car garage. Large front and back yard. Richland 1 School District. Located off Leesburg Rd. near Fort Jackson Gate 1. Security Deposit \$700. Monthly Rent \$700. Call 803-606-1904 if interested. Summit, NE Columbia: 4BR, 2.5BA Home. Approx. 1660 sq. ft., fully landscaped, updated kitchen appliances, lg. fenced backyard w/built-in deck, 2 car garage, garden tub in MBR Terrific neighborhood near parks, pool, trails. Richland II Schools! \$1060/month plus deposit. 803-237-6280. Sweet 2BR, 1 1/2BA. Gas FP, dishwasher, disposal, refrigerator. Washer/Dryer connections. Large Kitchen w/eat-in dining area. Covered porch on front and back, nice size yard. Fenced backyard. Pets welcome. Must See! \$750/month, \$750/deposit. 1 year lease. 429-8846 (cell), 438-5676 (home). Townhouse for rent: 2 Bedrooms, 1 1/2 Baths. Available February. 10 minutes from Base by Hunt Club off Decker, \$725. 803-360-7839 Unbelievable custom designed handcrafted log/stone 3 story, 6000 sq.ft. home. Wooded, private 5 acres. Near Blythewood/Lake Carolina. Short drive to Ft. Jackson and Sandhills. \$1600/month + utilities (electric, gas for fireplaces, gourmet kitchen 5 burner stove). Call evenings, 1800-2000, 803-319-0732.	Lovely 1500 square foot Condo, three bedrooms, two baths, located on a Lower Richland horse farm. Convenient to Fort Jackson. Available January 15th. Rent is only \$700 per month. For more information call 776-2074. Week of July 5-12, 2008. 1BR Condo, sleeps 6 (Ocean View) located at Ocean Villas, 7509 N. Ocean Blvd., Myrtle Beach, SC, within 15 minutes of all area attractions. Just pack your clothes and go! \$1000. Call 803-425-9001. 704 Mobile Homes for Rent Ten minutes from Fort: Very clean fully furnished Mobile Home, suitable for one or two people. Will take five-six month lease for Military going to School. \$480 per month plus deposit. Utilities furnished. No Pets or smoking inside. Call 776-8817. 802 Resort for Sale Timeshare in Orlando, FL for sale, 5 minutes from Magic Kingdom. 1 Lock-out unit (2 separate 1BR suites). Great unit w/on-site amenities, outdoor pool, exercise room, more. Week 40. Property ownership w/deed. Use yourself or rent one out. \$9500. 803-727-0607. 805 House for Sale ****Forest Lake/Forest Acres: <u>Former residence of General Robert B. Solomon.</u> Fully updated, 3200 sq.ft plus 300 sq.ft sunroom. Open floorplan, large lot. 5 minutes commute to Fort. \$339,900. Steve, 312-3062. 2 years old, 2660 sq.ft., all brick front. 4BR, 2.5BA, Formal LR and DR, huge family room, large walk-in closets in Master Bedroom. Blinds, garage door opener, alarm system. Elementary/middle school access 2 blocks (Vineyard Crossing). Traci or Marco, 803-873-6074/6076. 3 Bedroom, 2 Bath, 1500 SF Southeast Home. 5 min. to Post, 10 min. to Downtown! Four years old. Open floorplan. Fenced backyard, 2 car garage, community pool. \$134,900. (803)727-2218. 3 Bedrooms, 2 Baths, Living Room, Dining Room, Family Room, fenced yard and patio in Dentsville behind Columbia Mall. \$99,000. Call 803-730-4665 or 803-422-6522 4 Bedroom, 2 Bath, 2000 SF, single story SE Home. 5 minutes to Post! 4 years old. VERY open floor plan. Fenced backyard, 2 car garage, Berber carpet, tiled baths, surround sound, quiet cul-de-sac. Lake view. Community Pool. \$159,900. 803-727-2218. Alexander Pointe Must See!! House for sale. Great listing price. Only 5 minutes from Ft. Jackson. Home is 2 years young on a large lot in a cul-de-sac. Call 518-2645.	ARCADIA LAKES: 4BR, 3BA, Office/Nursery, both formals, family room w/Fireplace, kitchen w/island, hardwoods, detached 2 car garage, large deck, fenced yard, Richland 2 Schools. View on midlandshomeshow.com/bm6 Call Beth at 803-463-7734 for more information. Russell and Jeffcoat Realtors Better than new, 2334 sq.ft., \$159,900. 4BR, 2.5BA with 2 Master Bedrooms, both formals, huge family room, plenty of closets, 2" blinds throughout. Garage door opener, alarm system. A Must See! Please call Hazel Brooks, 479-4235. For Sale Near Sandhills, in Summit Area, 1900 sq.ft., 2 story home. 4 Bedrooms, 2.5 Baths with attached 2 car garage. Large fenced yard with Koi Pond. Many Perks. Asking \$147,000. Please call (803)603-9699/9701 for appointment/offer. FSBO: 3BR w/large MBR, wainscoting throughout, 1BA, eat-in kitchen, custom cabinets, 2 ovens, lots counter space, LR, Laundry, remote ceiling fans, carport, 2 storage sheds, workshop, front porch, side deck, 2 yr old heat/air gas pack, landscaped acre. \$115,000. 803-353-0507 FSBO: 3BR, 2BA, 1375 sq.ft. in quiet Elgin cul-de-sac. Open floor plan, .7 acres, 2 car semi-detached garage, deck, big fenced back yard, fireplace. 15 min. from Gate 2. 10 min. from Sandhills. \$135K. Must See! Low taxes. Alex, (254)289-7061. NE Columbia, Briarwood Subdivision: \$179,500. 4BR, 2.5BA, 2 car Garage, 2 story home, approx. 2800 sq.ft. All appliances stay. Landscaped front and backyard, completely fenced. Storage/shop in back. Call 803-788-1550. NE Columbia, Winchester Subdivision: Approx. 2400 sq.ft. 3BR/2.5BA, Large bonus room, dining room, family room, fenced-in backyard, hot tub, large back deck. 2 car Garage. Appliances/window dressings stay. Beautiful corner lot. Reduced to \$199,500. Assistance w/closing for military. Dave, 803-397-1700. NEW HOME FOR SALE, SE COLUMBIA, HONEY TREE: 4 Bedrooms, 2.5 Baths, Double Car Garage, from \$99,999. Minutes from Fort Jackson Gate 5 and Downtown. Call Jody Styron at (803) 360-1558. Realty & Marketing Services. New Homes in Oakhurst Subdivision, Blythewood: 2500-3500 sq. ft., 4-5 Bedrooms, 3/4 acre yard. \$250,000-\$350,000. Call Sally, 600-5295. Rent-to-Own in Highlands in NE Beautiful 4BR, 2.5BA w/over 2300 sq.ft. Great curb appeal. Open Floor plan, ready to move in. We can help with Financing. Call Now 803-467-8631 or 803-546-4026 or 800-741-8631, x1104 free recorded message.	SE, near Ft. Jackson: 4BR, 2BA, Brick. LR, Den w/fireplace, lg. eat-in kitchen, Master suite, rear patio, huge fenced yard, carport. Newly remodeled inside/out. All Hardwood & ceramic. Lovely home, safe neighborhood. Rent-to-own, \$1050/mo. Purchase \$109,000. Price cut \$6000!. 803-261-5603 VA Hospital/Leesburg Rd. Area: Nice 4BR, 2BA, Cathedral ceilings with rented rental apartment. Get \$400 cash back each month to help pay \$87,000 mortgage. No Money Down, Free Closing. Free Furniture and Appliances. Call 803-695-5376. WOODFIELD PARK, 2 Minutes From Fort Jackson: New carpet, paint, vinyl and tile. All Brick, 3BR, 2.5BA, Formal LR & DR, 1500 sq.ft. Huge fenced backyard. \$114,900. Call 803-479-2160. www.10killiangreenct.com Great first time buyer home. NE Cola. \$135,900 & up to \$4000 closing cost. Colonial Realty, 803-479-2231 or 803-600-0788 www.46coachtrail.com Polo Road patio home. Upgrades galore include fantastic hardwoods! 92K. Colonial Realty, 803-479-2231 or 803-600-0788 www.readyssetmove.info for all your real estate needs. Ask about 1st time buyer programs and an individualized consultation. Want to invest? Ask about an individualized investor consultation. Colonial Realty, 803-479-2231, 803-600-0788. 900 Autos for Sale '03 Mercury Sable, 40K, very good condition, new tires. \$7300. Call 803-736-2648. 1986 Mazda RX7, red, sunroof, sport rims. Runs good, body in excellent condition. \$2000. Call 803-609-4953. 1987 Olds Cutlass 2 door w/350 Rocket Motor. Straight body and int. \$1600 OBO. 1973 GMC Spirit (El-Camino), good body, fair int., 350 auto. Needs trans. and paint. \$1300 OBO. Call 803-425-9001. All calls returned. 1989 Cadillac Eldorado, burgundy with white top. approximately 25,000 miles on new engine installed July, 2005. Dayton Chrome Rims, CD player. Very attractive car. \$1500. Call Jessie, 803-600-9319. 1993 Toyota Camry, 70,000 miles on engine, \$2200. Call 803-408-0732 or 803-699-1382. 1996 Lexus SC 300, 130,000 miles, black, Xnice, \$7500. Call Ron, 556-0633. 1997 Black 4 door Honda Accord. No engine work needed. One owner. \$3000 OBO. Call 803-238-6416 1997 Black Infinity Q45T, 160,000 miles. Few flaws, but good vehicle. New battery installed. Asking \$1000 OBO. If interested please call 699-6560.	1997 Porsche Boxster, garage kept, white with black top, 2.5L, 33K, 5 speed, sports package, 17" wheels, \$17,000. Call 803-361-0366. 2000 BMW 528i. black with tan leather, AM/FM Cassette, CD Changer, power windows, seats, mirrors, 105,000 miles. Great car, runs excellent, \$13,200 OBO. 803-788-5936. 2001 Jaguar XJR, 71,500 miles, slate gray over black. Heated leather, supercharged V8, automatic, full sized spare, power moonroof, rear parking sensors, excellent condition. Very fast, handles great, looks classy. \$21,500. Call (920)915-3422. 2001 Lincoln Navigator, 96,000 miles, white with tan leather, Cassette, CD Changer, Video System, Sunroof. Great SUV, rides excellent, \$13,500 OBO. Call 803-788-5936. 2001 Nissan Altima Limited Edition, 114,700 miles, gold/tan cloth interior, CD, New Bridgestone Potenza tires, all power, excellent condition, \$6500 OBO. Call 803-788-5936. 2001 Town & Country X, dark blue family minivan, 100K miles, power door, rear AC, stereo system, roof rack, clean, \$4600 OBO. Call 803-422-6568. 2002 Chevy Tahoe Z-71: Clean, excellent condition, well-maintained, synthetic oil always used. Shift on the fly 4x4, Onstar, leather interior, rear heat/air, tow package, after market exhaust system. 140,000 highway miles. Must Sell. \$14,500 OBO. Call 803-309-4179. 2003 Mustang: Great condition, V6, silver, 35,000 miles. Book value \$11,350. Will sell for \$10,000 to buyer willing to let me drive her until the end of February. Call 790-1315 to leave message and make appointment to see. 2005 Volvo S60 R AWD, 4 door, sunroof/moonroof, 6 speed manual, Traction Control system, Active Chassis system, black sapphire metallic paint, Gobi beige soft leather power seats, rear window shade, 6 CD, surround sound. 18" Pegasus wheels. \$23,500. 803-719-2746 (eves). 2005 VW Jetta GLI, Limited Edition, 47,000 miles, 1.8 turbo, Recaro seats, Triptronic, 18" BBS wheels, Goodyear F1 tires. Excellent condition. \$15,000 OBO. Call 803-608-8323. 87 Chevy Blazer 4x4, commercial rebuilt 350 w/500 miles, new 750 Edlbrock carburetor w/high-rise manifold, Dual Flow Masters, new brakes, radiator, starter, water and power steering pumps, battery, alternator. New paint job. \$4700 OBO. Call (H) 788-2843 or (C) 405-314-3774. SPECIAL EDITION Chrysler 300M, 2004, black, automatic, fully loaded, Navigation System, sunroof, leather, 120,000 miles, like new. Must See. \$10,500. Call 360-7839 or 414-1361.	Steel blue 2000 Jeep Grand Cherokee Laredo, automatic, 2 wheel drive, one owner. Excellent maintenance, impeccable interior. 89K miles. \$6200 or best reasonable offer. 803-790-2776, 803-737-6191 or 803-261-8540. 901 Trucks for Sale 2001 Chevy Silverado LS Z71 Ext. Cab, 5.3L, V8 automatic, 4WD, approx. 89,000 miles. AM/FM Radio with CD Player, AC, spray on bedliner, tilt wheel, ABS, cruise control, running boards, Power Windows/locks/seats. On POV Lot on Post. \$12,000. Call 803-240-7040. 2007 Toyota Tacoma, Access Cab, SR5 Prerunner V6, Brand New. Only 1400 miles. Bed liner, towing package, power windows and doors. Must Sell. \$18,500. Call 803-807-3369. 95 Nissan Shortbed Pickup with bedliner and ladder rack. 5 spd stick, non-assist steering, ice cold AC, AM/FM Cassette. 30 mpg average. Low miles (78,800). Well taken care of. Deploying, must sell soon. \$3000 OBO. Call Watson, 803-477-2847. 96 Chevy Silverado Z71, auto., like new inside and out. \$6350. Call Ron, 556-0633. 903 Motorcycles/Mopeds 2000 Triumph Thunderbird 900cc, gold and green, very clean, excellent condition. New tires, chain, sprockets and more. Comes with windshield, sissy bar and saddle bag mounts. Bought new bike. Can email pictures. \$3700. Call 803-447-2571. 2002 Harley-Davidson XL 1200C. Impact (electric) blue, SE slip-ons, SE Dyno-Jet Kit, SE High-Flow (K&N) Air Filter Kit. 1620 miles. Original owner. Clear title. Better than new. \$8500 OBO. (803) 462-6130. 2003 Harley Davidson Custom Sportster 100th Anniversary Edition. Dynaflow jet kit, Screaming Eagle 2 exhaust system, Highlander seat w/quick detachable sissy bar. Like new, still under factory warranty. 6300 miles. H-D synthetic oil always used. Must Sell. \$7500 OBO. 803-309-4179. 2007 Honda Rebel, 250cc, 500 miles, red, garage kept, never dropped, showroom condition. Great starter bike. KBB value \$2665. Will sacrifice for \$2500. Serious inquiries call 803-673-2401. Must Sell! 1996 Harley Davidson Electra Glide Classic (FLHTC). Installed new rings and top-end gaskets about 1K miles ago. Very dependable and looks great. Asking only \$9,975. Call Mike, 803-236-1878.

Regional Classifieds

Announcements

AIRLINES ARE HIRING - Training for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Job placement assistance. Call Aviation Institute of Maintenance (888)-349-5387

ATTEND COLLEGE ONLINE from home. Medical, business, paralegal, computers, criminal justice. Job placement assistance. Financial aid and computer provided if qualified. Call 866-858-2121, www.OnlineTidewaterTech.com

CONTRACTORS SEMINARS, INC. Exam preparation to obtain SC state license. General, Residential & Mechanical Contractors, Certified Pool Operators, Grading, Paving, Sewer. Call 803-772-9596. www.scexams.com

Tuesday, January 22, 2008 is the last day to redeem winning tickets in the following South Carolina Education Lottery Instant Games: Triple Win (SC#198), \$25 Fiesta (SC#211), and Cash Fireworks (SC#221).

WHY WAIT?PIANO/KEYBOARD VIDEO LESSONS BY EAR! It's Easy! MOST Can Play In Church In 2-3 Months. Pastors call Penny (803)432-4637.

Auctions ANNOUNCE YOUR AUCTION IN 101 S.C. newspapers for only \$360. Your 25-word classified ad will reach more than 2.8 million readers. Call Jimmie Haynes at the S.C. Newspaper Network at 1-888-727-7377.

ESTATE AUCTION (M Faile). Loader-backhoe, tractors, plows, mobile home, woodworking equipment, welders, lathe, air compressor, tools, appliances, construction supplies. Rock Hill, SC. Jan. 26 @ 10am. SCAL#3590. www.JoeBurns.com 1-800-569-1953, Ext. 5

Business Opportunity ALL CASH CANDY ROUTE. DO you earn \$800 in a day? Your own local candy route. Includes 30 Machines and Candy. All for \$9,995. 1-888-771-3501. S.S. REG#664.

Employment Attn: CDL-A Drivers **Smith Transport** Home Time Great Pay & Benefits Call Us 7 Days/Week (866)451-2870 www.gosmith.net

CRCF NEEDED! Kiva Lodge, Blythewood, SC. 28-40 hrs/wk. \$10/hr. Sleep in 2-3 days/wk. Required:HS diploma or GED, 6 mos.-1 yr. care providing exp. CNA or medical tech. 803-754-5478.

HAIRSTYLIST NEEDED IMMEDIATELY

for very busy salon. Full-time, hourly plus commission wages, Mon-Fri hours. Positive environment. Education, experience required. 699-0288, fax resume 699-0264 or email mbenik@sc.rr.com

GET CRANE TRAINED! CRANE/ Heavy Equip. Training. National Certification Prep. Placement Assistance. Financial Assistance. Georgia School of Construction. www.Heavy5.com Use code "SCCNH" or call 1-888-381-2437.

Employment

Housekeeping/hospitality Great opportunity for mature, motivated person with an eye for detail. Positive attitude and flexible schedule a must. Duties include cleaning, event prep & special projects for upscale clientele. Full-time mgmt. position. 5+ years exp. Send resume with salary req. to sumterhelp@yahoo.com

IRS JOBS \$18.46-\$32.60/hr. now hiring. Paid training provided. For application and free government job information call American Assoc. of Labor 1-913-599-8244, 24 hrs. emp. serv.

Light industrial needs. NE Columbia. Must have clean background. Pridestaff 803-782-0082.

Mechanic Needed. Must Have Own Tools-Be Experienced, Honest, Sober, Reliable. Blaney Body Shop Garage & Upholstery. 438-4405, ask for Terry.

50¢/LOADED MILE STARTING pay! \$1000 sign-on to qualified OTR FB drivers! 800-845-4932 ext. 231. www.bulldoghiway.com

Accounting Clerk Position is responsible for processing vendor invoices for payment. Strong clerical skills including: Ability to multi-task Attention to detail Must be able to communicate well with outside sources as well as inter-departmental personnel. Ability to organize and prioritize workload. Excel knowledge and experience a must!

Must be willing to work into a Full-time Accounting position. Accounting background a plus but not required.

South Carolina Yutaka Technologies, Inc.

Human Resources Department
2 Business Parkway, Lugoff
South Carolina 29078
Equal Opportunity Employer

BABYSITTERS needed. Non-smoker, energetic, experience with multiple toddlers. Lugoff area family. Call (803)422-7492.

Baptist Church in need of Minister of Music. 438-5071.

BUNCH TRANSPORT HIRING New Drivers for a New Year! Good Miles, Pay & Home Time! 2 yrs. Exp., Class A CDL. Call 800-255-4807 X 1961.

Caregivers

Do you love the elderly? We are seeking compassionate people and CNA's to help seniors at home. Richland and Kershaw counties, and Cola areas. PT, days & wknd. shifts w/flex scheduling available. Exp. Preferred. Call RetireEASE (803)865-5033 or Local 408-1500.

Clerical: Full-time, Monday-Friday for data input & phone contact with customers. Paid vacation, holidays, personal days & sick days. Fax resume to (803)425-5107 or mail to: P.O. Box 1572, Camden, SC 29021.

Commercial Refrigeration/Equipment Service Technician. Needed. Please call 438-9503 or 788-8708.

DON'T LOSE YOUR ACTIVE DUTY CREDIT. Get a retirement with the Army National Guard. Call 1-800-GO-GUARD.

DRIVER GUARANTEED HOMETIME, Company or Lease Purchase available, BC/BS, CDL-A and 3 months experience required. 800-441-4271 Ext. SC-100.

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Driver Trainees Needed
No CDL? No Problem!
Earn up to \$900/wk.
Home weekends w/TMC
Company endorsed CDL Training
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DRIVER TRAINEES NEEDED. \$975.00 weekly + benefits. Hiring in your area NOW! CDL and guaranteed job in 18 days. Home most weekends after training. 1-877-554-3800.

DRIVERS - CDL/A SOLO TEAM, Owner Operator, Graduate, Regional: \$850-\$1000/wk, Home Weekly. OTR: Company \$.34-\$.43, O/O \$.92 loaded. Paid Orientation. Tuition reimbursement to \$5000. EOE. 866-904-4101. www.KLLM.Jobs

DRIVERS... CALL TODAY! Bonus & paid orientation. 36-43 cpm. Earn over \$1000 weekly. Excellent benefits. Class A and 3 months recent OTR required.

Fortune Academy Real Estate Pre-Licensing classes are available at Central Carolina Technical College. Call 774-3338 for more information.

Full-time 40 hrs/wk Bookkeeper, CSR needed. Must have experience. Please send resume to: Blind Box 02309, c/o Camden Media Company, P.O. Box 1137, 909 W. DeKalb Street, Camden, S.C. 29020

Get rolling in your new career! Call Xtra Mile to enroll for CDL Class A training. Financial aid available. 15 locations to serve you. 1-866-484-6313.

HELP WANTED: Local heating & AC company has an opening for an experienced Service Technician with possibility of Service Manager Position. Minimum 7 years experience as a service technician required. Call Henry at Powers & Gregory Heating & AC 438-9616.

Holiday Inn Express is taking applications for Experienced Housekeeper & Chief Maintenance Man. Please apply in person 9:30am-2:00pm. No Phone Calls.

Local insurance agency looking for full-time receptionist. Fast paced and fast growing environment. Benefits package includes employer paid health insurance, 401K, vacation & other benefits. Potential for advancement. Please send resume with references to Blind Box 02310, c/o Camden Media Company, P.O. Box 1137, 909 W. DeKalb Street, Camden, S.C. 29020.

Need Extra Cash? Busy Schedules? Sell AVON while you do what you do! Traditional and online sales. Call Sherrill Springs, 803-425-6089. sbsprings@bellsouth.net

NO TRUCK DRIVER EXPERIENCE NEEDED-No problem. Wil-Trans Trucking will teach you how to drive. Company sponsored CDL training. Be OTR in one week. 888-428-7651. Must be 23.

POSITION AVAILABLE FACILITIES MANAGER Kershaw County Board of Disabilities

Full-time w/state benefits. Oversee/perform preventive/routine maintenance for 6 facilities, 15 vehicles. Ensure adherence to safety, sanitation, local, state, federal regulations. Maintain related records. Apply to P.O. Box 310, Camden, SC 29021 by January 23, 2008. EOE.

Employment

SECRET SHOPPERS NEEDED-For store evaluations. Get paid to shop and rate local stores, restaurants & theaters. Flexible hours, training provided. 1-800-585-9024, ext. 6803.

SHIPPING CLERKS! We train in shipping, cargo transportation, accounting and inventory. HS diploma, physically fit, 17-34. Good pay and benefits. Call 800-662-7231. Local interview available.

WANTED! Closeout-finders. Work spare time from home. Earn \$5000+ monthly. Free confidential report. Write Zaken Corp., Suite 54152B1, 2610 Conejo Spectrum St., Thousand Oaks, CA 91320

WE NEED DRIVERS!! Immediate openings. OTR drivers, minimum 1 yr. OTR experience. Late model conventional tractors/48' flatbed trailers. Top pay, insurance. Home most weekends. Senn Freight 1-800-477-0792.

Horses & Supplies Horseback Riding Lessons, Ages 4 & Up. Package deal available. 1 time free for A-B Honor Roll. 803-424-1952 or 803-669-0697. **Livestock/Farm Supplies** Coastal Bermuda Hay for sale. Large quantities available for pickup. Lugoff area. Large orders delivered. Call for details. 803-513-2532 or 803-600-7300 **MUST SELL!** Lost & Found

Lost in the Elgin Area. Taz, a brown lab mix and Kit a black and white border collie. Last seen Christmas Eve. Both are spayed and wearing collars. Please call 803-609-6985 or 803-428-2301.

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BED MATTRESS SETS Brand New. King Pillowtop set, \$275; Queen Pillowtop \$165; Full \$110. (803)736-4799. Close to Camden.

1967 Classic Hammond Organ w/bench at Holly Hedge. Looks and plays as new. \$150. Call 432-0298.

Firewood For Sale. Half or full truckload. Pick-up or delivered. Call (803)424-5293 anytime.

FOR SALE: Mans 7 diamond ring. Total of 3 3/4 karats. Perfect cut diamonds. Call 803-600-8646.

OAK FIREWOOD

Will deliver \$70. (H) 432-5284, (C) 427-2416.

SAWMILLS FROM ONLY \$2,990.00 -- Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available. www.norwoodsawmills.com/300 N Free information: 1-800-578-1363, Ext. 300-N

WE BUY FOR CASH: Gold, Jewelry, Coins, Guitars. Camden Pawn Downtown 803-425-5727.

WOLFF TANNING BEDS as low as \$28 a month! Free DVD player - Order by 2/1/08 Call ETS Tan today! 800-842-1305. www.np.etstan.com

Mobile Home 0 Money Down to Qualified Buyers! Own your new single, double or modular. Clayton Super Store 877-659-5425.

CASSATT AREA: 2BR, 2BA Singlewide on 1 acre. Owner financing available with \$1,000 down. Call Henry Beard 432-2451.

Why Rent When You Can Own? Guaranteed Financing. We own the bank! Call Hermitage Farms 803-432-7221 hermitagefarms@mhcomm.com

Motorcycles

FOR SALE: 2005 Suzuki Boulevard C-50. Black & chrome with windshield, saddle bags, sissy bar and tank cover. 13,000 miles. \$4,650. Call 669-1973 or 425-4927 after 8pm.

Pets & Supplies Chihuahua AKC, 7 week old Tiny Toy sized spotted female pups. Only \$300 each-1st shots, family raised, paper trained, sweet with health guarantee. Cash only. 803-438-3827.

Real Estate

Do You Own a... house & need to sell it? Call now! 24-hr. FREE rec. msg. 800-757-7803

Own a brand new luxurious condo home over upscale retail in the middle of a grand 1.4 million sq.ft. lifestyle center! 1,2& 3BR from \$189,000. 803-865-7650. promenadeatsandhill.com VAS Sales, Inc.

LAKE WATEREE Cute remodeled lakefront cabin. Dock \$269,900 Larry Jackson Lake Wateree Real Estate (803)438-3459 www.GO2LAKE.com

2BR, 1BA Home, Camden, Close to Downtown. \$50,000 OBO. Possible Owner Financing. Call 432-2118 or 420-4168.

4 bedroom, 3 bath house. 2142 square feet. New paint and flooring. 1714 Wylie Street, Camden. \$69,900. NOT RENTING! 425-7339.

Awesome quality 3BR house/yet prudent investment. Buy Now/Reduced Price. Ready to Occupy. Camden/US#1 off Mill St. Graham Realty, Inc. (803)432-7370; 803-424-7033(c).

SUMMER'S BEND NOW OFFERING 100% financing on 2 & 3 bedroom condominiums in Charleston area. From the low \$200's. Waterfront from the mid \$300's. 843-552-3400. www.summersbendsc.com

THE LAND MAN. Property In 6 Counties. No Credit Check Owner Financing 10% Down. No Gimmicks You're Approved. Call The Land Man 803-420-0038. (M&H Realty, LLC)

VIRGINIA MOUNTAINS. Log cabin shell on 2 private acres near very wide Trout stream in the Galax area and New River State Park. \$139,500 owner 1-866-789-8535.

Rentals **2BR, 1BA Apartments & Townhouses in beautiful downtown neighborhood. King Haigler Apartments, \$500-\$550. Call 713-9154 to view.

****FORECLOSURES/BANK REPOS**** 4BD, 2BA \$238/mo! 3BD, 2BA \$166/mo! More homes! Grants for qualified! \$1.95 for listings 800-391-5228 x S118.

****FORECLOSURES/BANK REPOS**** 4BD, 2BA \$238/mo! 3BD, 2BA \$166/mo! More homes! Grants for qualified! \$1.95 for listing 800-391-5228 x S118.

****KIRKWOOD TOWNS.** Very nice, 2BR, 1BA Townhouse. \$500/month which includes washer & dryer . Please call 424-0026.

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Commercial/Office/Retail Property Available. Graham Realty, Inc. (803)432-7370.

Rentals

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FOR LEASE: Located in Lugoff, 160'x60' (9,600 Sq.Ft.) Steel Building: 100'x60' Enclosed Area Includes 10'x10' Office, Bathroom, Concrete Floor, 3-12'x14' & 1-16'x14' Bay Roll-Up Doors and with 60'x60' Open Shed Plus the yard fenced-in. Ideal for truck shop or warehouse. \$1,000.00 per month. Call: 432-4077 or 432-5714.

FOR RENT: 3BR brick house with garage and fenced yard in Lugoff. \$600/month, \$600 deposit. No Pets. Call 438-5500.

FOR RENT: 3BR, 2BA Singlewide Mobile Home. Large lot. Lugoff School District. \$500/month plus deposit. Call 425-9605.

Large mobile home lots with trees in the Cassatt area. Not in a mobile home park. Call 432-1300.

Lugoff Manufactured Home, 2BR, 2BA, appliances, washer & dryer, central heat/air on private property. No calls after 9pm 438-9896.

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Rentals
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Se rentan apartamentos+casas. Apartamentos desde \$400-\$600 con 2 cuartos. Casas desde \$700.00 con 3 cuartos. Telefono (803)427-5159. Graham Realty, Inc.

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Service & Repair

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POLICE IMPOUNDS 1993 Honda Civic \$700. 1995 Pontiac Grand AM \$975 - More cars available! For listings 800-391-5227 x N265.

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1963 Ford Falcon Sprint Convertible Original V8, 260HP, 4 speed transmission, new convertible top, older restoration. Asking \$24,000. Call 803-669-3707.

1995 740 IL BMW. One owner. 27,000 miles. Replacement Cost \$75,000. New Tires. Asking \$22,900. Call 803-669-3707.

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2004 Nissan 350Z, 45,000 miles, leather, all power, \$18,400. Pampered! 2001 Expedition, Eddie Bauer, 133,000 miles, \$8400. John Gardner, 427-7372

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